

# Coffee Talk Express



Monday September 11, 2017

## THE RED LION

10% discount for seniors!

### Daily Dinner Specials

Check out our **MENU**

on our website at [redlionrestaurant.ca](http://redlionrestaurant.ca)

Tuesday - Friday 11:00 am to 2:00 pm Lunch  
Monday - Saturday 5:00 pm to 10:00 pm Dinner  
Closed on Sundays & Stat Holidays

**250-788-2755**

## The Lion Inn & Suites

250-788-9990

Weekly & monthly rates available  
[thelionsuite.com](http://thelionsuite.com) 5132 46th Ave



IT'S 50% OFF MONDAY!

**50% OFF**  
ALL PIZZAS

MONDAY ONLY ORDER NOW ONLINE ONLY

USE PROMO CODE: **MON50P**

**250-788-9898**

OPEN UNTIL MIDNIGHT ON  
THURSDAY, FRIDAY & SATURDAY

DAWSON CREEK REALTY



CHETWYND BRANCH



NORMA TOWER  
250-788-5388



JODIE ETHIER  
250-788-5043



ALMA WALTER  
250-788-5168



MYRA GRODZUK  
250-788-6365



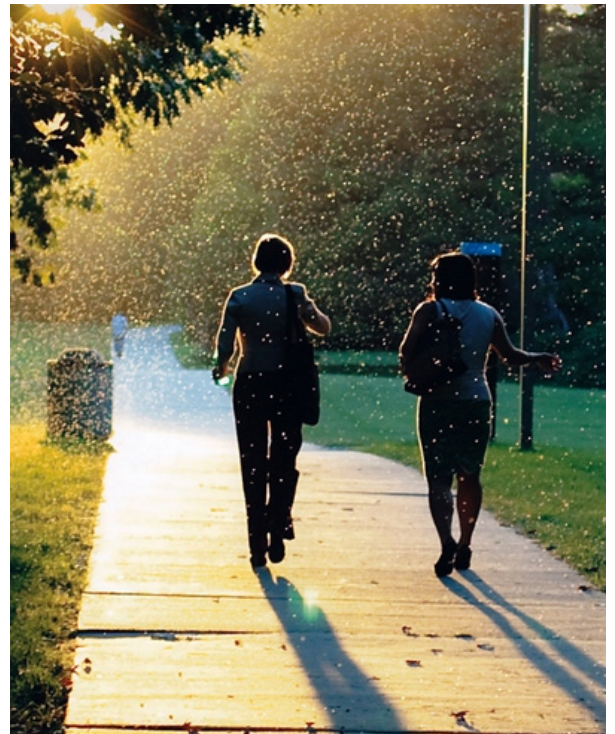
DAN GRODZUK  
250-788-6435

## PROLONGED HEAT TO BLAME FOR SWARMS OF APHIDS

I'm sure you've noticed those swarms of tiny bugs getting caught in your hair, teeth and even eyes, and have wondered, what are these, and what is causing so many?

These localized species of aphids begin as non-winged females that survive on the sap from trees, and thrive in the heat of the summer. They are usually fairly resilient in droughts because the trees don't have the means to produce enough of the chemical that gets rid of them. But as the sap supply does start to dwindle, these female aphids reproduce at an alarming rate, the next generation having wings in order to find a new area of trees that will continue their life cycle.

Although the swarms of winged aphids are more of an annoyance than anything, they have been known to damage next years' crops, when observed this late in the year. These aphids usually see their "end of days" in early to mid August. This year, with the prolonged heat, these little pests refuse to disappear.



Kelsey Roberts, reporter Coffee Talk Express

Employment Opportunities: Apply online at [www.aw.ca](http://www.aw.ca)

## Teen Burger

**\$3.50**  
ONLY

Price plus tax.  
For a LIMITED Time

This is not a drill. The Teen Burger is really just \$3.50. What's changed? Nothing except the price. It's still made with the best ingredients—100% pure beef raised without the use of hormones or antibiotics, bacon that's naturally smoked with pecan wood, melted processed cheese, crisp lettuce and vine-ripened tomatoes. It's just really good food at a really good price, for a limited time.



RAISED WITHOUT  
the use of  
HORMONES OR STEROIDS

The luxury of all summer's sweet sensation is to be found when one lies at length in the warm, fragrant grass, soaked with sunshine, aware of regions of blossoming clover and of a high heaven filled with the hum of innumerable bees.

## Chetwynd Dental Clinic

**FREE WHITENING**

VALUED AT \$440

with a complete exam and cleaning

5032 49th Avenue - Chetwynd BC

**250-788-1997**

[chetwynddental@gmail.com](mailto:chetwynddental@gmail.com)

advertising@coffeetalkexpress.com paper@coffeetalkexpress.com classifieds@coffeetalkexpress.com editor@coffeetalkexpress.com

Website: [www.coffeetalkexpress.com](http://www.coffeetalkexpress.com)

**SERVING CHETWYND . DAWSON CREEK . TUMBLER RIDGE . HUDSON'S HOPE Ph: 250-788-3422 Fax: 250-788-3405**

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## Find Your New Home Today!

Great rates on month-to-month rentals with no lease  
OR  
Ask about our current incentives on extended lease terms

Contact Sheryl today!  
250.401.2034  
solson@northviewreit.com

## HELP WANTED BEER STORE CLERKS

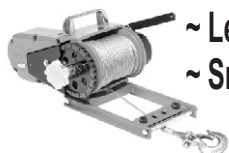
\$15/hr

Evenings/Weekends/Dayshifts

Full and Part-time Positions

PLEASE APPLY WITH RESUME TO  
**MURRAY'S LIQUOR EXPRESS**

## PAT'S SAW & WINCH



~ Lewis Winch Sales  
~ Small Engine Repairs

2831 Jackfish Lk Rd  
Chetwynd, BC

**250-401-1859**

PINE VALLEY SENIORS

## HALL RENTAL

For more info & hall rental call Bernice

**250-788-2307**

Little Giants 258 Air Cadets

## AGM

Chetwynd Public Library  
Monday, September 18  
6:15 pm

# Free Classifieds

Classifieds are for personal use only and are published on a first-come, first served basis.

To submit your personal classified ad email: [classifieds@coffeetalkexpress.com](mailto:classifieds@coffeetalkexpress.com)

### VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

1995 GMC, parts truck, 4wd, newer tires, new starter, new alternator, needs transmission, and motor is weak, \$800. Call Chris at 403-305-9658

Blue Chevy canopy, 8 foot, good condition; 2006 Chevy Malibu, 200,000 kms, great condition. Call 250-788-8804 for info and pricing

(4) New 6 bolt Chevy rims, new, never used, 20"x8", solid aluminum, Chevy 2016 original, \$1400. Call 250-788-3048

2010 Dodge Laramie 1500 4x4, good condition, navigation, remote starts, 2 sets tires & rims, \$17,000 obo. Call 250-788-6187

2 van seats for a 1995 Dodge Caravan, good cond, \$100 for both. Call 250-242-5742

Dodge topper, will fit 1998 - 2003, in good shape, \$500; John Deere trailer on rubber tires with tow hitch; 250 gal slip tank for back of truck, has an electric pump. Call 250-242-5888

1993 Grand Marquis, fully loaded, new tires, new battery, new windshield, strong performance, 30 miles/gal, \$1700 OBO or reasonable offers. Call 250-242-1943

1997 Cavalier 4 dr, 5 speed, strong runner, comes with new winter tires on rims, \$1000 OBO. Call 250-788-5842

2005 Chevy Impala. Needs head gasket. 3 sets of rubber, 2 sets on rims. Make an offer. Call Jon 250-788-3252

David Brown 990 tractor, excellent running cond, front end loader, \$5200. Call 250-788-5123

2002 GMC Serria SLT 1500HD 6.0L 4x4 full loaded with 157,000kms. Good solid truck that is in fair conditions asking \$8,000 OBO. Call or send text 250-401-1536

2004 Pontiac Vibe, new tires, good cond. Call 250-788-9812

Old trucks. Call 250-788-9188

Green shortbox dodge pick-up canopy, \$150 OBO; white Ford full size pick-up canopy, new paint job, needs windows. Call 250-788-1861

Interior Off-road aluminum headache rack and rails. Headache rack is 6' w x 28" t rails are 7' l. Asking \$250 OBO. Call 250-788-9445

2013 F-140 Ecoboost with air bags & winter tires on rims; 2013 26' Puma 5th wheel, only 62,000 km, like new for about 1/2 price. Asking \$50,000 OBO for both. Call Neil 250-401-1586

Canopy for 1998 Chevy pickup 8' longbox, fiberglass, sliding windows & screens, \$250 OBO. Call 250-219-4171

2006 Chevy Aveo, new tires & brakes, auto trans, mint cond, 112,000 km, \$5000 OBO. Call 250-788-5619

1994 GM 3/4 ton pickup, parts truck, 454 engine, rebuilt tranny, transmission & transfer case, \$1200. Call 250-788-6565

1974 Mark 4 Lincoln Continental, 2 dr, hardtop, no rust, \$4500 OBO; 1979 Dodge 3/4 ton, 4x4 on propane, power wagon, good shape, lots of rust, \$1000 OBO; 1994 GMC 3/4 ton 4x4 on propane, runs, good parts truck, \$800 OBO. Call 250-786-5295

2010 Toyota Matrix, standard 5 speed, 3 sets of tires (2 on rims), 34,000 km. Call 250-788-2049

1 ton Ford diesel dually van, hydraulic lift gate, excellent cond, \$8500. Call 250-788-2805

2011 Dodge Caravan stow/go seats, 157,000 km, runs excellent, 4 nearly new Michelin Defender tires & 4 M&S on separate rims, roof rack, \$9000. Call Jeri 250-788-2944 or Jed 250-788-9421

2002 Hyundai Elantra, 4 dr, loaded, runs great, 4 winter tires on rims, Alberta registered, \$2500 OBO. Call 250-786-5295

### FOR RENT

Room for rent, wifi, TV, laundry, parking included, starting at \$450. Call 250-788-5890

3 rooms for rent in a house, 2 up, 1 down, pool table, laundry room, fridge downstairs, kitchen upstairs, downstairs rooms have TVs, N/S, no pets, \$700/mo (includes utilities), damage deposit required. Call 250-242-5888

1 bdrm, own bath in Rodeo Sub with shared living & laundry. Call 250-788-6881

Male has room for rent in Tumbler Ridge, or would consider selling 1/2 the house, or the whole house. Call 250-242-5742

Camper/trailer spaces 2 km west of Chetwynd with power/parking space. Daily, weekly or monthly rates. Call 250-401-1103

4 bdrm/2 bath home that overlooks Chetwynd. Beautiful landscaping, walk-out basement, 2 car garage, \$2500/mo unfurnished or \$3000/mo furnished. Long term lease with utilities extra. Call 250-788-6973

Furnished room for rent in Chetwynd, with shared common areas. Includes utilities & internet. Call 250-401-1985

Furnished room with private bath. Country setting 10 mins from Chetwynd. Wifi, laundry, shared kitchen. \$700/mo. Call or text 250-788-5701

Camper/trailer space 10 min from Chetwynd, weekly or monthly rate. Call 250-788-5701

3 bdrm house on acreage very close to town. 1 yr lease required. No smoking, no pets, no exceptions. Call 250-401-8647

Nice 2 bdrm mobile home, parking, fenced yard, all utilities included, \$1300/mo. Call 250-874-0630

**ComParrot**  
by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Pocket on lady's vest is missing. 2. End of hair dryer is missing. 3. Armrest on chair appears. 4. Strap on backpack is hidden. 5. Tuft of boy's hair is missing. 6. Pedal on chair is colored in. 7. Heel on shoe is colored in. 8. Outlet on wall has moved. 9. Bulb beside mirror has moved. 10. Neckline on lady's vest is different. 11. Stripe on backpack is different. 12. Time is different.

# Free Classifieds

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## MISCELLANEOUS

Campion power generator, 4000 watts, portable unit, best offer; portable Campbell Hausfeld air compressor. 25' air house & tires gauges, gas unit, best offer; Meco BBQ grill, electric, 120V, AC, portable, like new, best offer. Call 250-788-2606

Fresh crop of new square bales, \$5.00 ea, excellent horse feed, brome/timothy/alfalfa. Call 250-788-9421, 240-401-3431 or 250-788-2944

Boys 16" Dunlop bike, comes with 1 handbrake, excellent cond, \$25. Call 250-788-2229

Cement sidewalk pads, 24x30, \$11.39 ea + tax; 5 ton hand winch, open to offers. Call 250-788-2377

Grueman canoe, square stern, comes with paddles, life jacket & canoe cover, \$2000; 8hp Evinrude motor, \$500; Mitchell 407 reel & rod, \$30; salmon rod, Diawa AG 7000 reel, \$70. Call 4pm - 5pm 250-788-2482

Canning jars; fresh frozen raspberries. Call 250-788-9812

Phillips console model stereo player, records 8 track T. 5"x16"x28" high. Like new. Best offer. Call 250-788-2606

7'x12' top quality garage door. Excellent cond. \$1000 OBO. Call 250-401-8647

Class 3 equalizer hitch assembly, \$250 OBO; 21" Yard Works lawnmower, \$125 OBO; 3000w Champion generator, \$200 OBO. Call or text 250-788-6509

Girls figure skates in excellent cond. Jackson Classique size 5, Jackson Classique size 6. Paid \$300/ea, asking \$100/ea. Call 250-788-9445

100 yr old RNWMP saddle, 16" seat, great cond, for high-withered horse, \$1500. Call 250-788-9762

Free for the picking - crab apples. Call 250-788-2472

New 5x5 round hay bales. Reed canary grass, timothy, brome, fescue. \$40/ea. Call 250-788-9445

Crabapples, \$15/water bucket (approx 3 ice cream pails full). Call 250-788-2511

Double pane UV rated glazed windows, 58 3/4x49.5 heat glazed, \$275; Kenmore 90 series washer, \$175; Teeter hang ups inversion table, \$375. Call 250-401-7513

Retired small engine mechanic with lots of old & new stock, outboards, chainsaws, small engines, etc. Call 250-786-5295

3 seat La-Z-Boy reclining sofa; 2 seat La-Z-Boy reclining sofa; Polar Bear stainless steel water purifier, 50 gal tank. Call 250-788-2606

35 young laying chickens, \$5/ea; 18 month old chickens, \$4/ea. Call 250-788-2805

Brookstone Max 2 massager, new \$200. Call 250-788-2944

Misc Bauer skates, size 9, exc cond with left hockey stick, \$50; Storm Master bib overalls, size sm, \$40; double electric air bed, exc cond, \$50; desk with adjustable chair, \$55; two 1995 Dodge Caravan back seats, 100; lg area rug, exc cond, \$40; genuine lambskin jacket, med, \$50. Call 250-242-5742

2004 Dodge Caravan, new brakes, new starter, new alternator, 300,000 km. Just needs new battery. \$1200 OBO. Call 250-788-3131 or 250-788-5084

Canon Pixma 271 yellow XL ink cartridge for new printer. Opened but unused, \$25; 4 Singer treadle sewing machine heads, antique, \$100. Call 250-788-2944

## Chetwynd WorkBC Job Search & Support Services would like to invite you to our



### Guest speakers from

- Rick Hanson Ambassador Program
- Special Olympics of British Columbia
- Mental Health & Addiction Support Services (Northern Health)

## ANNUAL DISABILITY EMPLOYMENT MONTH EVENT

Please join us in recognizing local business for their continued support towards employment for people with disabilities

**Pine Valley Seniors Hall, 5312 47 Ave,  
September 15, 10:30 am - 1:30 pm  
Lunch to be provided by Crazy Beanz Bistro**

For more information, contact  
Angela Balkwill at 250-788-2500  
or email [AngelaB@dccss.ca](mailto:AngelaB@dccss.ca)

**WorkBC**  
September is Disability  
Employment Month in B.C.



### HEALTH TIPS

*Sprinkle a few drops of eucalyptus oil on a kleenex and inhale it a few times to clear a stuffy nose.*

*A dab of honey on the back of the tongue can bring relief from a nagging cough.*

C  
D  
M  
H  
A

## OPEN HOUSE REGISTRATION

SEPTEMBER 13, 6:00-8:00PM  
REC CENTRE CURLING RINK

50%  
OFF

### NEW TO HOCKEY GOALIES (ATOM & UP) 3RD FAMILY MEMBER

Your **Dollar Store** with More

# Gift Wrap

for any occasion

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Coffee Talk Express Phone: 250-788-3422 Fax: 250-788-3405 Website: [www.coffeetalkexpress.com](http://www.coffeetalkexpress.com) September 11, 2017



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## PROPERTY

Newly upgraded house with carport in Crown Sub, 4 bdrm, 1.5 bath, stainless steel appliances, hot tub, and fenced yard, \$249,000. Call 250-556-4090

House & cabin at 2779 Clark Dr. House is unfinished but has 3 bdrms, 2 baths, sunken livingroom, large kitchen, walk-in pantry, dining room, breakfast nook area, \$175,900. Call 250-788-6625

2006 16x80 mobile home on its own lot in Tumbler Ridge, BC. 3 bdrms, 2 full baths. Chain link fencing, fully furnished with everything you would need. \$127,000 OBO. Call 250-257-0026 or 250-242-5007

2 bdrm, 1 bath single level house on Hillside Sub. Garage, new appliances, prof painted exterior, large fenced yard. \$210,000. Call 250-556-4356 or 250-556-4359

3 houses for sale at Moberly, each on a 5 acre lot across from golf course with excellent lake views: 1 custom-built log house, 3 bdrm with a basement suite, \$385,000 obo; 2 bdrm bungalow, \$165,000 obo; Large 3 bdrm house with rental suite and wkshop, \$209,000 obo. Call 250-788-6339

Beautiful cabin on prime waterfront property on south side of Moberly Lake, 1000 sq ft, 3 bdrms, master overlooks lake, 100 ft well maintained beachfront, large deck overlooking lake, fully furnished, space for RV, \$300,000. Call 250-788-3573 or 250-788-6187

## PETS/LIVESTOCK

AQHA, Registered Quarter Horse, 2 year old sorrel filly, 14'3 - 15'0 hh, Dash Ta Fame and Special Effort breeding, gentle, halter broke, easy to catch and handle, good for farrier, \$1,800. Located in Hudson's Hope. Call 250-783-5611

1 intact blue eyed white male goat kid for sale, alpine mix, \$100. Call 250-788-4840

5 beagle puppies, 3 females, 2 males, ready to go after vet check on July 27, \$750/ea. Call 250-788-9254

8 month old Akita/Great Pyrenees neutered male dog, needs to be rehomed, \$300. Call Kelly 250-788-5382

5 kittens born July 30, ready on Sept 1. Call 250-401-7346

## LOST & FOUND

Lost: Honda key with fob attached, June 21. Please call 250-874-0050 if found

Lost: Grey LG phone somewhere on Main St on July 14. May have white charger with it. Call 250-788-9885

Lost: My son lost his retainer out at 6 Mile of Sunday July 31. If you found it please call 250-401-1410

Lost: Set of keys attached to blue lanyard on Aug 9. Call 604-500-3987

Found: Set of 2 keys on Sat, Aug 5 at Yips Rd near the boat launch at Moberly Lake. Claim at Coffee Talk.

Lost: iPhone 6 in Star Wars case. Last seen at Spencer Tuck beach table (Moberly Lake). Call 250-788-2577

Lost: Black Samsung Galaxy S5 with butterflies on the back somewhere between the Legion and Days Inn. Call 250-788-1987

## REC VEHICLES

31' 2013 Keystone outback terrain, sleeps 8, EQ hitch, winterized pkg, 2 slideouts, awning, outdoor kitchen with fridge, burner, sink, cupboard & counter space, TV, DVD, radio, solar panel, a/c, 2 propane tanks. Sewer hose & supporter, spare tire. \$26,000. For serious enquiries only call Sylvain 780-779-0898

2016 Honda CRF125 for sale. Located in Chetwynd. Exc cond, has electric start, helmet included. \$3000 OBO. Call 250-788-5763 for more info

1997 Wesport Avion 5th wheel, 36', 3 slides, winter package, leather interior, asking \$10,000. Call 250-401-7286

2012 Arctic Wildcat, 1000, lots of extras, built for racing, 30" tires, snorkels for going in deep water, \$10,000 firm. Call Dan or Pam 250-788-1110 or 250-788-6350

Sears boat & trailer, 5 h Johnson Motor, good cond. \$1400. 250-242-5888

Grueman canoe, AI construction, 36" wide beam, very stable, rated for 4 1/2 HP motor. Paddles, life jackets & canoe cover included. Reduced to \$1200; 8 HP Evinrude motor, used for several trips, \$400. Call 250-788-2482 4pm - 5pm.

17' fiberglass boat trailer, 135 hp Johnson, extra motor for parts, runs great, will pull 2 skiers, \$2200 OBO; 27' 5th wheel travel trailer, sleeps 4, good cond, \$3500 OBO; 21' Class C motor home, very clean, everything works, roof, air & heat, Alberta registered, \$5500 OBO. Call 250-786-5295

## WANTED

Wanted: Trapping supplies Martin boxes, 10" Conibear, etc. Call 250-874-0630

Wanted: Room to rent in a private, drug-free environment for a few months. I can pay no more than \$350/mo including utilities. Start as soon as the end of August. Reply to j.c679@ymail.com

Wanted: Live-in position in a drug-free environment for a 59 yr old Christian, non-smoking, non-drinking woman in exchange mainly for room & board. I have experience & references doing house sitting, housekeeping, childcare & cooking. Starting August this year. Serious replies only to j.c331@yahoo.ca or msg (ask for Rachel) 250-401-3225

Wanted: A logging truck load of firewood. Call 250-788-2896

Wanted: To buy a 499 u-haul haybine for parts. Call 250-719-6142

Wanted: used motorhome tires 8r 19.5 prefer reply by text message at 250-242-7101

Wanted: Used Galaxy 3 or 4 cell phone in working condition, reasonably priced. Call 250-401-8450, leave message

Wanted: Christian woman is looking urgently for a live-in position in town or country. Can do housekeeping, cooking, childcare & some light yard work. Work environment has to be clean & drug free. References avail. Serious replies only to j.c331@yahoo.ca

Wanted: 3 bdrm place for family of 3 that are smoke & pet free, clean & quiet. Happy to rent a house that is currently listed for sale as well. We'll take good care of it and treat as our own. Text 519-496-9409

Wanted: Household items (kitchen utensils, blankets, towels, small appliances, furniture, kids toys, etc). Text 519-496-9409

Wanted: House in Tumbler Ridge to swap on work rotation for house in Fort St. John, Dawson Creek, or Chetwynd to male with 2 small dogs. Call 250-242-5742 to make arrangements.

Wanted: A place to rent starting Oct 1, preferably furnished, for 2 professional working adults, no kids, no pets. Call or text 250-263-7937



GRIZFEST 2017  
PERFORMANCES  
ARE NOW AIRING  
ON CHET TV!



FOLLOW US ON TWITTER!

## CHETWYND MINOR HOCKEY

**[NEEDS]  
COACHES]**

CALL GORD PRUDEN AT  
250-788-5363 OR EMAIL  
MYDISASTER75@GMAIL.COM



## LITTLE GIANT FIGURE SKATING CLUB

**REGISTRATION**

**WEDNESDAY,  
SEPTEMBER 13**

**6:00pm - 8:00pm**  
**Chetwynd Rec Centre**  
**Curling Rink**

**NOW OFFERING**

**Fall & Winter Sessions for  
PreCan & CanSkate or  
Full Season Registration.**



# HOROSCOPE

**ARIES** (Mar. 21 - April 20) Be careful not to let friends or peers make you look bad. Don't let your anger consume you and don't allow important matters go unattended to. Your unique contribution to the organization will enhance your reputation. Time spent with family, children, or good friends will be regenerating and positive. Your lucky day this week will be Friday.

**TAURUS** (Apr. 21 - May 21) You just hate waste, and when someone else costs you dearly you see red. Draw up contracts regarding your personal situation. You will do well in social settings, and new and interesting individuals may spark a romantic curiosity. Financial limitations may add to your depression. Your lucky day this week will be Wednesday.

**GEMINI** (May 22 - June 21) Make the necessary changes that will enable you to advance financially. You may have the energy to clear up that mound of paperwork facing you. Organize your day to avoid any setbacks that might ignite temper flare-ups. Your lucky day this week will be Friday.

**CANCER** (June 22 - July 22) Changes in your residence will be favorable in the long haul. You are ahead of your time, and trying to stay in one spot could be asking too much. You may blow situations out of proportion when dealing with the one you love. Your hypnotic eyes will capture the hearts of those who interest you. Your lucky day this week will be Friday.

**LEO** (July 23 - Aug 22) Courses dealing with psychology or health care will be of interest. Moves will be hectic but favorable in the end. You may need help with your financial situation. Praise will be yours if you have been pursuing your goals. Your lucky day this week will be Saturday.

**VIRGO** (Aug. 23 - Sept. 23) Weigh the pros and cons and make a decision that will change the conditions you've been living under. Use your charm, but don't sign or agree to anything. Your love will not be willing to listen to your criticism. Your lucky day this week will be Saturday.

**LIBRA** (Sept. 24 - Oct. 23) Do your own thing. Involve yourself in group endeavors. You must act quickly. Don't be too eager to spend money that you really don't have. You can make money if you pursue your own business. Anger may cause you grief; control your temper and try to sit back and calm down. Your lucky day this week will be Tuesday.

**SCORPIO** (Oct. 24 - Nov. 22) You may find that your boss is not delighted with your work lately. Opportunities for advancement at work are apparent. Your charm will be captivating. You are best to keep your money tied up in a safe and secure place. Your lucky day this week will be Friday.

**SAGITTARIUS** (Nov. 23 - Dec. 21) You could be attracting individuals who are anything but good for you. You can win points if you present your ideas this week. Social gatherings will be conducive to meeting new potential mates. Changes involving your domestic scene may be unpleasant. Your lucky day this week will be Thursday.

**CAPRICORN** (Dec 22 - Jan. 20) Your mate will enjoy helping out. Be diplomatic when dealing with in-law. You must be careful not to ignore the needs of the youngsters in your family. This will be a very hectic day if you've made promises to too many people. Your lucky day this week will be Saturday.

**AQUARIUS** (Jan. 21 - Feb. 19) Don't let your partner get away with spending too much of your money. Things will be emotional with your mate. Take special care in any home improvement project you work on this week, you'll be glad you did. Travel for pleasure will be enticing. Your lucky day this week will be Saturday.

**PISCES** (Feb. 20 - Mar. 20) You can pick up valuable information if you listen to those with more experience. Hassles with your boss are sure to erupt if you speak your mind. You may have a problem with someone you live with if you don't include them in your gathering. Don't be too pushy or demanding, or you may find yourself all alone. Your lucky day this week will be Wednesday.

## MOBERLY LAKE VOLUNTEER FIRE DEPARTMENT IS CURRENTLY INVITING BIDS FROM CONTRACTORS FOR THE FOLLOWING CONSTRUCTION PROJECTS:

1. Installation of an exterior concrete apron and parking area in front of Bay #1 on the West end of Moberly Lake Fire Hall. This project will include providing sufficient rebar and frost pilings for Engine #1; a suitable slope & storm drain on the apron approach, with appropriate drainage to the ditch beside the road running past the Northern side of the hall.
2. Roofing replacement of the Moberly Lake Fire Hall. This project will include removal of existing metal roofing under layer; installation of new 1/2 inch plywood under layer; appropriate strapping; flashing; water barrier and new metal roofing. This will also include similar roofing on the hose tower.

**Mandatory site visit: Friday, September 15 at 1:00 pm.**

*Sealed tenders should be submitted to:*

*Fire Chief, Moberly Lake Volunteer Fire Department, PO Box 58, Moberly Lake, BC, V0C 1X0*

**Closing date for bids will be Friday, September 29th, 2017 at 5:00 pm.**

**For further information, contact:**

**Mike Henry, Fire Chief, MLVFD Phone: 250-401-1566 Email: [firechief@moberlylake.net](mailto:firechief@moberlylake.net)**

**Alan Cartwright, President, MLFS Phone: 250-788-2840 Email: [arcticalan@yahoo.ca](mailto:arcticalan@yahoo.ca)**

**Bob Waite, Director, MLFS Phone: 250-788-5635 Email: [robert.waite@bchydro.com](mailto:robert.waite@bchydro.com)**



## CONUMA COAL RESOURCES LIMITED



Conuma Coal Resources is currently seeking a **Payroll Lead**. Conuma Coal Resources was founded to be a positive contributor, influence and supporter to our community. We are committed to earning security for all of our partners. And to unify resources and people in building a first-class organization with a character of true integrity. In using our endowed gifts, we aim to be a blessing.

### **Job Title: Payroll Lead**

#### Primary Purpose

The Payroll Administrator is responsible for the preparation and processing of biweekly payroll for over 300 employees; review and ensure accuracy of approved timesheets; track and deduct all garnishments and other special payroll deductions.

#### Accountabilities

- Ensure all data files are complete for transmission to ADP.
- Investigate and resolve payroll issues with management at various operating locations.
- Create and/or run reports from payroll or time and attendance system.
- Ensure the timely processing of journal entries into the accounting system.
- Prepare reconciliations for payroll accounts.
- Prepare and submit payroll deductions and remittances on a timely basis and ensure records are up to date.
- Prepare T4's, ROE's, and various payroll reports as requested.
- Coordinate employee benefits and administration as necessary.
- Perform other duties as assigned.

#### Technical Skills and relevant experience

- Successful completion of Canadian Payroll Association certification preferred.
- Minimum 2 years' experience.
- Supervisory experience an asset.
- Experience with ADP and time and attendance systems.
- Experience with hourly and salaried payroll.
- Accounting knowledge sufficient to perform journal entries and payroll account reconciliations.
- Ability to exercise tact and discretion in dealing with sensitive and confidential information.
- Strong computer skills particularly in the use of MS Office.
- Detail oriented and ability to work to tight timelines.
- Excellent organizational skills and the ability to multi-task.
- Strong communication and interpersonal skills and the ability to work well with employees at various levels of the organization.
- Knowledgeable of federal and provincial Payroll laws and the Employment Standards Act.

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**Please send resumes to: [careers@conumacoal.com](mailto:careers@conumacoal.com)**

***Not all applicants will be contacted.***

## MAXIMUM BENEFITS FROM FOOD SUPPLEMENTS

*Vitamins and minerals are beneficial only when they are absorbed by the digestive system, in most cases the small intestine. That happens most readily when they ride along with food, so make a habit of taking most of your food supplements with or right after a meal.*

*Here are some tips for taking your vitamins:*

- ~ The fat-soluble vitamins A, E, D, and K are absorbed most readily when they are taken with fat-rich foods like milk, butter, and oil; take them with the largest meal of the day.
- ~ Vitamins B, C and others that are water-soluble can be taken without food, but food slows the rate of absorption, ensuring that they are used more slowly and evenly by the body. If they are absorbed quickly, the body excretes what it can't use in a relatively short time.
- ~ When taking large doses of vitamin C, take it little by little throughout the day, since your body can only absorb so much at a time.
- ~ Some food supplements are good companions. For instance, taking vitamin C with calcium supplements increases calcium's absorption, thanks to the acid in the vitamin C. Vitamin C is also effective with iron, because its acidity releases more iron to the body.
- ~ Zinc and folate tablets also work well together.
- ~ Take all your B-Vitamins at the same time; they are most effective in combination.
- ~ Watch out for black tea taken with thiamine and iron, the tannic acid in the tea will work against the food supplements.

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Please email resumes to  
[hr@kpaoilfieldservices.ca](mailto:hr@kpaoilfieldservices.ca)





# Saulteau First Nations

## JOB POSTING: Inventory Clerk

*Saulteau First Nations (SFN) is a section 10 band within the meaning of the Indian Act. The Band has been formed by the amalgamation of Dunne - Za, Cree, and Saulteau residents. This First Nations community is covered by Treaty 8. The community is located at the east end of Moberly Lake, which is about 100km southwest of Fort St. John on Highway 29. There is one reserve, East Moberly Lake No.169, spread over 3025.8 hectares.*

The Inventory Clerk will be responsible for recording all items in storage, organizing, working with creating efficient storage strategies for all departments. **Term for maximum of 6 weeks.**

### Duties:

- Identify and record all items according to storage unit
- Use excel to create easy to follow spreadsheets of inventory
- Arrange items to maximize use of space and ease of use
- Work with Directors of each department to possibly clear any contents

### Knowledge, Experience, Skills & Abilities

- Excellent organizational skills
- Excellent communication skills
- Basic computer skills with knowledge of Excel
- Able to lift over 50 pounds, good physical condition
- Ability to work with minimal supervision

**DEADLINE TO SUBMIT: Monday, September 14, 2017, 4pm**

Please submit resume and references to  
Saulteau First Nations ATTN: HIRING COMMITTEE  
E: [HR@saulteau.com](mailto:HR@saulteau.com)

For further information, please feel free to contact Estelle Lavis,  
Director of Operations email: [estellelavis@saulteau.com](mailto:estellelavis@saulteau.com) or (250) 788-7264

We thank all applicants for their interest, however, only those selected for an interview will be contacted. Preference will be given to persons of Aboriginal ancestry in the event of equal qualifications.

## HOUSEHOLD TIPS

Checking eggs - You can tell when eggs are fresh or not by placing them in a deep pan of water. Any floaters should be thrown away; as an egg gets old it shrinks, and air fills the pockets that's been left, enabling the egg to float. The eggs lying on the bottom are good to use.

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## Saulteau First Nations

**THE FOLLOWING JOB POSTING CLOSE DATES HAVE BEEN EXTENDED TO 11 SEPTEMBER 2017**

- Recreation Programs Coordinator, Full Time
- Social and Family Development Intake Assistant
- Wellness Counsellor, TEMP Full Time
- \*New\* Health Programs Assistant, Full Time
- Capital Projects Manager

For full job descriptions, please visit: [www.saulteau.com/economic-development/community-members/employment-opportunities/](http://www.saulteau.com/economic-development/community-members/employment-opportunities/)



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# Saulteau First Nations

## JOB POSTING: Executive Assistant to Director

SFN is currently accepting resumes for this fulltime position.

The **Executive Assistant to Director of Operations** is primarily responsible for Administrative and secretarial support to the Director of Operations. High level of confidentiality is required for this role. The Executive Assistant to Director of Operations is a key part of the SFN team.

### Duties and Responsibilities

#### Program and Services Administration

1. Arranges meetings, and travel; prepares, and distributes agendas, minutes, and provides follow-up information as requested.
2. Assists with communication, letters, job descriptions, community meetings, and upcoming events.
3. Maintains strong and healthy relationship with BC, Federal Ministries, and First Nation organizations. May assist in other departments as needed.
4. Other duties include filing, researching, creating, and editing presentations, attends meetings, community engagement sessions, and open houses

#### Working Relationships

1. Inside the Organization: Exchanges information with the Chief, Councillors, Director of Operations, Managers, and other Band entities as required.
2. Outside the Organization: Exchanges information with Band members, Offices of Federal and Provincial Ministers, Members of Parliament, and staff of the M.P.'s Office, Members of Provincial Parliament, and Staff in the M.P.P. offices, other Bands and other municipalities as needed, and any other associations, negotiators, consultants, lawyers and organizations.

#### Other Related Duties

1. To participate on key committees as appropriate and approved by Director.
2. To participate actively as a SFN representative.

### Qualifications

- Several years of Senior Secretarial experience in a political office.
- Financial experience in budget planning and review would be an asset
- Ability to proof read documents and edit as necessary
- Knowledge and experience in planning, development, creative problem-solving skills; excellent organizational skills.
- Experience and knowledge of First Nation Communities.
- Have excellent oral and written communication skills, minute taking,
- Effective decision making, conflict resolution, and time management.
- Valid BC Driver's License, a positive role model and the ability to pass a Criminal Records Check.

**DEADLINE TO SUBMIT: Monday, September 11, 2017**

Saulteau First Nations ATTN: HIRING COMMITTEE  
E: [HR@saulteau.com](mailto:HR@saulteau.com)

For further information, please feel free to contact Estelle Lavis, Director of Operations email: [estellelavis@saulteau.com](mailto:estellelavis@saulteau.com) or (250) 788-7264

We thank all applicants for their interest, however, only those selected for an interview will be contacted. Preference will be given to persons of Aboriginal ancestry in the event of equal qualifications.

SFN offers a comprehensive benefits package including extended medical and pension plan.

# Saulteau First Nations

## JOB POSTING: Director of Health

SFN is currently accepting resumes for this fulltime position.

The **Director of Health** is primarily responsible for the management of program and service delivery of all Saulteau First Nations Health Programs, including direct service to clients. This position is also committed to the Management Team, and may have to assist with day-to-day operations in the absence of the Director of Operations.

### Duties and Responsibilities

#### Program and Services Administration

1. To be responsible for programming and service development and delivery, from proposal writing, planning, budgeting, implementation, evaluation, and report writing. Provide quarterly departmental reports to the Director of Operations.
2. To establish and maintain all client files and documentation
3. To maintain accurate and complete statistical records, both qualitative and quantitative, for all programs and services within the department.

#### Management of Program Staff

1. To be responsible for hiring, orientation and ongoing supervision of all Health Programs Department staff; maintain personnel files.
2. To provide positive leadership to all staff, encouraging a team approach, professional attitude, personal wellness, and good management -always modeling best practices in this regard.

#### Department Management

1. To develop an annual department operating plan in accordance with funding agreements and in alignment with SFN strategic plan.
2. To develop an annual budget and to monitor and be accountable for expenses.
3. To advise the Chief and Council through the Director of Operations about programs and policies appropriate to the mandate of SFN.
4. To participate on key committees (as appropriate and approved by Chief and Council), and community/SFN sponsored events.

### Qualifications

- Bachelor's degree in Health Management and/or Business Administration Diploma with a minimum three (3) year's management experience in a health and social services related setting, or an equivalent combination of education & experience.
- Knowledge and experience in planning, development and implementation of culturally appropriate programs and community based service delivery.
- Have excellent oral and written communication skills, plus strong negotiation skills. Ability to solve problems, make effective decisions, resolve conflicts, and manage time effectively. Ability to maintain strict confidentiality.
- Valid BC Driver's License, a positive role model and the ability to pass a Criminal Records Check.

**DEADLINE TO SUBMIT: Monday, September 11, 2017**

Saulteau First Nations ATTN: HIRING COMMITTEE  
E: [HR@saulteau.com](mailto:HR@saulteau.com)

For further information, please feel free to contact Estelle Lavis, Director of Operations email: [estellelavis@saulteau.com](mailto:estellelavis@saulteau.com) or (250) 788-7264

We thank all applicants for their interest, however, only those selected for an interview will be contacted. Preference will be given to persons of Aboriginal ancestry in the event of equal qualifications.

SFN offers a comprehensive benefits package including extended medical and pension plan.

## JOB POSTING

### IT & Communication Technician (Client Services Technician)

Want an exciting career in IT? Like learning new skills and interacting with Customers? Client Services Technicians are the front line representatives responsible for install & maintaining SFN owned Fiber Optic Services, as well as providing computer services to SFN staffs in various locations in Moberly lake. Outside installing Fiber Optic cables, answering inbound phone calls and ticket enquiries, as well as acting as the role of dispatch to ensure customer issues are responded to timely and by the appropriate resource. This position is **Monday to Friday from 8am-5pm PST.**

#### ESSENTIAL RESPONSIBILITIES

- SFN Fiber Maintenance
- Customer service to Fiber customers.
- Answer inbound phone enquiries
- Prioritize tickets based on severity and impact
- Resolve Tier 1 support issues such as password resets, new user creations etc.
- Act as the role of dispatch, assigning tickets to other queues based on technical requirements
- Act as a client advocate providing feedback to both Account Managers and the Leadership team
- Ensure that all work is carried out and documented in accordance with existing standards, methods and procedures
- Research and seek software updates, settings, configuration, known issues, new solutions in order to aid in problem resolution
- Continuous improvement of self through workshops, certifications, job shadows etc.

#### QUALIFICATIONS AND EXPERIENCE

- Grade 12 or equivalent with Knowledge & experience in Office environment.
- Minimum 3 years of customer service experience
- Ability to work well under pressure
- Proactive hands-on, roll-up-your-sleeves and do-whatever-it-takes to get the job done attitude
- Proficient in MS Office
- Ability to work independently and as a team, self-starter and energetic
- Strong communication skills
- Contributor to a positive and results oriented team environment
- Curious, with a desire to understand and learn
- Good time management, organization and priority defining skills
- Successful completion of Criminal Background Check
- Clean driving record and ability to produce a drivers abstract and claims history letter
- Ability to successful complete random drug and alcohol screening
- Legally allowed to work in Canada

**DEADLINE: FRIDAY, SEPTEMBER 29TH, 2017**

If interested, please email cover letter and resume to [careers@t1csolutions.ca](mailto:careers@t1csolutions.ca) and put SFN Client Services Technician in your subject line.

#### HOUSEHOLD TIPS

Did you know you can freeze bread before it's baked so that you can have just-baked bread whenever you want it? Make your bread dough as usual and let it rise once. Then punch it down and shape into a loaf no more than 2 inches high so that later it will thaw quickly. Thaw the dough in a 250 F oven for 45 minutes (during which time it will rise), then reset oven at normal baking temperature and bake as usual. Yummy, fresh-baked bread!

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