





New Ownership/ New Menu **AUTHENTIC CHINESE CUISINE**

OPEN Tuesday to Sunday 11am - 2pm

5pm- 9pm

10% off on pickup order over \$50

Free Delivery in town on order over \$50



DO NOT PASS

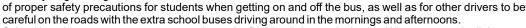
WHEN LIGHTS

FLASHING

Back to School - Bus Safety -

This week, children and adults return to school and work which creates congestion on our roads. ICBC is asking drivers to leave extra travel time, stay focussed on the road and watch for children especially around school zones. Every year, 380 children are injured in crashes while walking or cycling and five are killed throughout the province.

It's always a good to go over and remind ourselves



School bus drivers want you to pay attention to the flashing lights on the buses. When you see the lights on a school bus go on, that is an indication that they will be stopping. The flashing yellow lights at the top and side of the bus mean they will be stopping in the next 200 yards. Once those lights go on, IT'S ILLEGAL TO PASS THE BUS. There is one exception to the rule-- that's if there is a median in the road. Otherwise, it doesn't matter if it's a two-lane or four-lane road. All drivers must stop when those flashing lights are on. Have you ever wondered what a fine would look like for those disobeying school bus lights and passing

illegally?

First offence: \$400 to \$2,000 and six demerit points...

Each following offence: \$1,000 to \$4,000, six demerit points and possible jail time (up to six months) Vehicle owners can be charged if their vehicle illegally passes a stopped school bus, even if they weren't

Make time before student's first day to remind them of school bus safety when you board or leave a bus

- Be at the bus stop before the bus comes.
- Wait in a safe place well back from the edge of the road don't play in ditches or on snow banks.
- Stay out of the DANGER ZONE. If you can touch the bus, you're too close. Use 10 giants steps to take you out of the DANGER ZONE, and make sure you and the bus driver can see each other.
- Always cross the road in front of the bus, never behind.
- Look all ways and wait for the driver to signal before you cross in front of a bus.
- Walk at least 10 big steps from the front of the bus.
- Enter or exit the bus in single file. Never push or shove.
- Walk never run across the road.
 - NEVER stop to pick up anything that you may have dropped in the DANGER ZONE. Ask an adult or the bus driver to help.



Find a seat right away. Stay seated, facing forward at all times.

Kelsey Roberts, Reporter - Coffee Talk Express



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PH: 250.788.3422 FAX: 250.788.3405



Stone Creek Ventures Ltd.

WANTED IMMEDIATELY

EXPERIENCED LOGGING TRUCK DRIVER

Please send resume with driver's abstract to stonecreekventures@hotmail.com. Call Trov at (250) 788-5062 or Travis at (250) 788-6388

DOG OBEDIENCE CL

STARTING SEPTEMBER 11TH

WEDNESDAYS 7:00 pm - 8:00 pm Pine Valley Exhibition Park Lobby



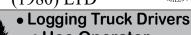
Fee: \$95.00 Handbook available

Contact Bonnie 250-788-5351

HELP WANTED

YOUNG'S MILLS (1980) LTD





- Hoe Operator
- Skidder Operator
- Temp Labourer
- Shop Labourer w/ mechanical experience

Fax: 250-788-2848 Email: admin@youngsmills.com

Beelyne Executive Services Ltd. SUMMER HOURS

Starting JULY 2nd

Monday to Thursday 9am to 4pm closed Fridays

5208 N Access Rd, Chetwynd, BC 250.788.3638

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VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP

4 Arctic Claw tires 215-75RM \$200 90% 2008 GMC Sierra for sale, no trades, tread. 30.-06 savage model 110 w/ moving out of province and can't take accessories asking \$475 call John with me. Great work truck, very 250-782-3996 or 250-219-4334

w \$1000 tonneau cover, rebuilt Chetwynd Nick 709-746-3760 transmission in 2012, 300,000km on truck. \$3,800 OBO call or txt 250-793-0195

2007 Chev Stock front bumper. Came off Chev 1 ton truck. Lights, wiring and brackets included. Asking \$495.00 OBO, Call 250-788-3925

10 large hydraulic rams, various sizes. 6' x 18', 5' x 24', 4' x 60' 3' x 48' etc. Offers. Call Vic @250-783-5535

1997 F-250 3/4 ton Ford PARTS ONLY. Motor, tranny, 4x4 in good shape. \$500 obo call 250-788-2805

box 67,000 kms \$22,900. 2017 John Deere tractor cost \$42,000 new now only \$29,000 obo only has 48 hrs on it. Ride on lawn mower 13 HP 38 inch call 250-788-3868

847 chain baler, NH 9' hay bine, MF SQR baler, Balarus 520 Tractor. call 250-788-2514 between 7-9pm

1986 544 John Deere Loader, comes with angle snowblade and bucket. 1994 Chevy Blazer for parts, 2004 asking \$27,000 call 250-788-9268

1997 Ford Arrowstar van that runs well. For sale, Taking offers. Must sell. 250-556-4188

4-215/60/r16 m+s tires on Toyota rims. Can sell separately if needed. \$250 for all. 250-401-1454

dependable, high mileage, well maintained, has new winter tires on 2005 Ford F-150 Crewcab 4X4 4.6 litre rims. Asking \$4000 OBO. Located in

> 2011 Dodge Ram 1500 V8 4x4 four door model with spray in box liner, tow pkge, A/C, CD Player, Auto trans, seats 6 142,000km, \$14,000 OBO 250.401.3490 for more info

> 2002 Ford F-350 4x4 7.3L manual 6 speed, 186,000. Canopy, well maintained, good tires \$15,000. call 250 788 2944 or 250 788 9421

> 1995 Ford Explorer, 300 000km, driveable, located in Chetwynd, \$250. Call or text 506-323-8405

1999 F-350 7.31 6 speed- new battery, 2017 Dodge Ram 1500 crew cab short runs good, comes with wood rack. call 250-788-2908

shift on the go in excellent condition, well cared for, in good working order. FREE for hauling away- well used NH Everything works stored in garage. 4 Good Year wrangler tires P265x70R-17 inch Radial tires, steel corded 5ply tread, lots of rubber. call 250-788-2632

> Mazda 6 4 door, 1997 F-150 supercab longbox v6 5 speed standard. 4 225/50r/17 winter tires new low profile and 4 265/75516 Goodyear wranglers on chrome mags for 3/4 ton Chevy. 250-401-7215

1943 9N Ford Tractor \$2300 obo. call 250-788-2635

FOR RENT

Room for rent \$650 a month, available immediately- right in Chetwynd. Call 778-675-1604

Furnished room for rent in downtown Chetwynd. Includes utilities, internet and cable. Shared common areas. Call Julie for more info @ 250-401-1985

Room for rent, bed sitting room in rodeo sub. TV, wifi, own bathroom, private entrance. No kitchen. call 250-788-3577

Room For Rent 5 min from town. Clean, quiet place includes internet shared bathroom, kitchen, washer/ dryer, lots of parking. pets negotiable, no partying. Shared with owner, must be clean & respectable, prefer someone that works week on/off but will consider full time. damage deposit up front. \$700 for week on/ off, more for full time person call Teresa

250-788-5042 available now

Rooms for rent, bathroom upstairs and downstairs, pool table and washer dryer. 250-242-5888

House for rent in Lone Prairie call 250-788-3123

- 1 bedroom furnished, shared accom.. available now, weekly to monthly basis \$250 per week, 250-788-6938
- 3 bedroom furnished country home for rent. available Sept 1. All ammen incldwifi, tv, landline ph, propane heat, power, bedding + towels also prov. contact 250-788-3123
- 2 bedroom mobile for rent in Aspen, or rent to own with down payment call 250-874-0655
- 2 Bedroom suite 4 appliances, across from golf course at Moberly Lake, available now call 250-788-6339

ComParrot Can you spot 12 differences between these pictures?





Solution: 1. Leaf on flower is missing. 2. Batting helmet is different. 3. Stitching on baseball is missing. 4. Rock in flowerbed is missing. 4. Rock on shoe is colored in. 8. Heel on shoe is colored in. 9. Crest on bat is wider. 1. Bandage on boy's arm has moved. 12. Crest on bat is wider.



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MISCELLANEOUS

Mossburg 30-06 with scope \$100. Savage .22, missing mag \$20. Short barrel 12ga mag fed \$50. text 250-401-7513. Must have PAL

Wine making equipment- carboys, pails, bottles, racks, corker \$200 obo or will trade. call 250-788-5591

Two dozen or so riding type horseshoes: different sizes, some fronts and hinds, some with Winter corks. Please message or call or text 250-788-2539.

Jobmate 14.4v drill with 2 batteries \$20 obo, Ryobi 7.2v drill \$15 obo, 2 -HD trailer cords 100ft \$70 obo. Coleman camp stove 2 burner \$15 obo, right hand golf clubs with bag and cart. \$75 obo call 250-788-5591

Crossbow - excalibur pheonix - draw weight 175lbs. Comes with arrows + accessories. Frog boat good condition, \$1000 obo call 250-788-2390

New gently used Norco Charger mountain bike with front and back disc brakes, only rode 6 times. 27.5' tires. call 250-874-7010

Lots of Kitchen catering supplies, crock pots, warming centres, dishes, cutlery, hotdog machine, napkin holders, salt and pepper shakers - enough supplies for a twenty men camp. will sell individually and or as a unit - call or text 250-401-1147

Propane heater 50,000 btu, brand new \$800 call 250 788-6625

2- 600ltr tidy tanks with pumps, red - \$200 each. call 250-878-2817

Tow rope for sale \$800 call Fred 250-261-3133

Brome and clover round bales. call 250-784-4220

Pool table with all accessories \$500, Deck trailer \$1600 obo, call 250-463-3556

3 saddles for sale. One older roping saddle, one kids saddle in excellent condition, and one English jumping saddle in excellent condition.

Call or text 250-401-8647.

Two roll away nest boxes \$150 each. 3 large chicken feeders \$50 each. call 250-788-2805

Heavy duty portable work bench on metal frame. 6 heavy duty casters- have swivel vice and newer drill press on top. 2 strong shelves. large side by side fridge that works well for sale. 250-556-4188

First aid supplies and units for sale. call 250-788-3868

Diesel furnace, forced air 600 ltr tank + thermostat asking \$450 call 250-878-1647 or 250-878-2817

Tilting wheelchair with accessories text 250-556-9839 or call 250-788-3258

Boys 16-inch Dunlop bike. \$25. Brand new condition. Call 250-788-2229

Many full boxes of white vinyl siding for sale-brand new still in box. Call Shelly to view 250-788-6565

Medical bed very good condition massages head + feet and raises \$4400 new asking \$500. 6 drawer white dresser matching night table \$35 for both. 2 heavy wood bookshelves \$75 each, apt size freezer \$50 call 250-601-0104

Water proof shoes- timberland antifatigue \$75- was \$125. Large goat hide tanned with blue felt backing \$200. call 250-788-2482

Square hay bales \$5.50 each. Call 250-788-2944 or 250-788-9421



We're hiring

Each and every employee plays an important part in the success of our students. Bring your talents and join our remarkable team.

Visit careers.nlc.bc.ca to view our current opportunities.







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PROPERTY

sale \$18,000 Home is on a rented lot. Call 250-874-0655

3 bdrm new, unfinished house on 5 acres, 1 bdrm finished cabin off Jackfish Rd. on Clark Dr for more info. Call 250-788-6625

Recently renoed 5 bedroom 3 bath house on 1 acre. Master has walk-in closet and ensuite. 2 bdrm and 1 bath in the basement. \$340,000. Call 250-556-4409

House and land for sale 7 acres- 3 bdrm, 2 bath large addition, hot tub, fenced for horses \$395,000 call 250-788-5042

Three bedroom modular home in Tumbler Ridge on two serviced lots, nice place, good location price \$99,000 obo call or text 250 401 1127

3 bedroom home on almost 5 acres ,10 mins from Chetwynd . There is a shop , shed and woodshed .comes with w/d/dw/f/s . For more information please call 250-719-7376

PETS/LIVESTOCK

yr old Himalayan female cat, quiet home preferred. call 250-401-8708

12 fresh water tetra fish for free 250-788-5721

Quarter horse cross mare for sale, great oil mik. asking \$1200 feet and composition, solid and sweet. call 250-788-2482 for more information call Kelly 250-401-1975

Looking for an outside only mouser cat call 250-788-3133

1 yr old female dog, large coyote chaser pick it up call 250-788-5871 asking \$400 call 250-788-2805

1 yr old wether alpine/nubian goat. friendly pet, good with kids. Downsizing- in Chetwynd. call/text 250 549 0267 must go to good home \$150

8 week old female grey kitten I'd like to find a good home for, she is litter box trained. Reach me at 250-401-7220

LOST & FOUND

Renovated three bedroom mobile for Found: Dodge key with small bag Wanted: free lilac shoots or perennial attached in Scotia bank parking lot. Can divisions 250-788-9931 be picked up at the Pencil Box

> Found: Kids glasses, metal frame with red arms. found at Windrem bus loop. Pickup at the Pencil Box.

> Reward for lost RAM keys with Fort city Chrysler fob on it and other keys, call 250-788-9931 or 250-261-3588

2012 5th wheel Crossroad Zinger 30", On bed, leather pullout, one super slide, stored inside through winter, lots of storage, electric jacks, mint condition asking \$19,900 OBO. 250-788-5040

1998 5th wheel- Triple E Topaz touring edition 27.5' long with a slide out and air. Excellent condition \$15,000 call 250-788-2131

04 660 grizzly excellent running condition 7200km \$2500. 250 874 0655

Sunseeker motorhome white -2012, slightly used, gas engine, net weight 5,280 lbs asking \$50,000 obo call 250-788-2428

10ft aluminum boat, wide beam 4'8" with anchor + chain, flip up wheels and two paddles, safety ball with long rope. 9.5hp Evinrude motor with gas tank 50lb

'79 holiday trailer 18 ft. \$1500 obo sleeps 4, everything works call 250-788-8804

FREE Older camper, hunter special, you

Double side snowmobile \$2000, 2006

24' Jayco trailer 2006 \$7000 obo. call 250-463-3556

1990 Kustom Koach motorhome 28' f350 chassis 460 motor call 250-788-2232 or 250-788-5848

In search of a room to rent . Quiet clean mature guy working at the Willow Creek mine. 7 on 7 off . Usually gone home days off. Needed by August 1st or earlier.

Ron 250 202 9679 call or text

Wanted: someone to mow lawn on 47th ave. Lawn mower is supplied. Call 250-788-2845

Wanted: clean land fill 250-788-6256 250-788-2880

Wanted: Lots of clean fil. call 250-401-8646

Wanted: Bookkeeper for small business- Must be in Chetwynd and know how to process Work Šafe BC and GST returns contact 780-933-7710

Looking to rent 2 bdrm furnished house or apt. for Oct 1 until spring 2020. Non smokers, no pets, mature 780-910-1460

Looking for a 2 bdrm apartment will be looking for long term, must allow pets. Responsible couple in our 30's. call 226-268-4960

Wanted: 4 cords of 18" firewood call 250-788-2626

Wanted: lady to do light housework in exchange for room and board, and a little pa. preferred to have drivers license. phone 250-788-2482. Call between 4-5pm

Looking for a ride to kamloops/Vernon bc on Sept 3. Please leave hand written note with name and number for Christine at Northern Lights College in

Looking for contractor/painter to join our reno team. Please call 250-401-8900

Looking for part time labourers call 250-401-8814

OPEN HOUSE &

2795 Clark Road (Jackfish) **Sunday September 8th** 11am-3pm

kids toys, women's clothing, household items and more...



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Serving the Peace Country Region

Services including but not limited to

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CHETWYND PUBLIC LIBRARY

more than books



5012 46th Street 250-788-2559

www.chetwyndpubliclibrary.ca M - F 9am to 8pm Weekends 12-4pm





Septic & Oilfield Services

Tel. 250-788-9106 Cell: 250-788-5070

Tim Hortons

0957016 BC Ltd. o/a Tim Hortons

Is currently looking for **Store Front Attendants**Location: 4809 51st Avenue, Chetwynd, BC V0C 1J0
Terms of Employment: Permanent, Full-Time, Part-Time,

Shift, Weekend, Morning, Day, Night & Evening

Salary: \$13.85/hour + Benefits

Start Date: ASAP

No experience required

Education: No degree, certificate or diploma

Please contact for job description

How to Apply:

In Person: At the above location

By email: chetwyndtimhortons@gmail.com

By phone: 250-788-8857

PINE VALLEY SENIORS ACTIVITIES AT THE PINE VALLEY SENIORS HALL PICKLEBALL WEDNESDAYS 6:00PM - 8:00PM At the curling rink in the Chetwynd Rec Centre CARPET BOWLING TUESDAYS 1:30PM SATURDAY CRIB 1:00PM WHIST 7:00pm For more info & hall rental call Bernice 250-788-2307

4 TIPS FOR DEALING WITH A LEAKING ROOF AND HOME INSURANCE



Water is the new fire in home insurance. Water leakage and flooding can quickly spread throughout a house. According to the Insurance Bureau of Canada, insurance companies are now paying more for water damage than fire damage.

To prevent getting stuck in a stressful claim situation, it's important to know how your insurance covers water damage. Start by making sure you have the best home insurance for your needs by comparing rates at LowestRates.ca, which can quickly and easily find you the right home insurance at the best price.

Now, here are a few things to keep in mind if a leak springs in your home.

Insurance companies will send an adjuster: The insurance company will send someone over to survey the damage and verify that your claim is covered by your policy. Take some time before they arrive to go over your policy. Make sure to ask a lot of questions if something isn't clear.

Have your roof inspected regularly: Being able to show that you've kept an eye on your roof will help if you need to make a

claim. It's also helpful to make sure you're cleaning your eavestroughs and checking that shingles are maintained. If your insurance company suspects a maintenance issue, they may find reason to deny your claim.

Always review your policy when it renews: Reviewing your policy allows you to know if any changes have been made by the insurance company. The worst thing you can find is that you're not covered for something you thought you were. With situations like a leaking roof, there may be specific language in your policy that can change over time.

Obtain documentation from a professional roofer: If you've ever had your roof worked on in any way, it's important to get documentation from the contractor outlining what they've done. If damage occurs due to rainfall or ice, getting a letter from a professional roofer outlining the damage and how it occurred can greatly help when talking to your insurance company and going through the claim process.





ONLINE REGISTRATION IS NOW OPEN!

to register go to **go.teamsnap.com/forms/203142** the link is also found at CDMHA.com/downloads

Assistance for registration will be available at the Community Open House on September 11 at the Rec Centre 6-8pm.

CDMHA Execs will also be on hand to collect any outstanding fees at the time.

for more information contact Trisha 250-788-6225 or trishmactavish@hotmail.com



- Program Attendant
- Aquatic Staff II Part-Time
- Aquatic Staff II Full-Time

Please visit our website at www.gochetwynd.com or contact Deanne Way at 250-401-4105 or

<u>Dway@gochetwynd.com</u> for more information.



E-mail resume attn. Karen to rcl258chet@hotmail.com.





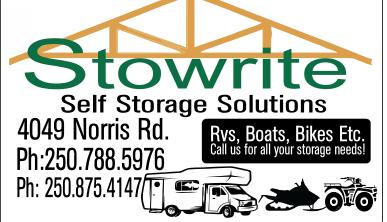






Specializing in Oilfield Fresh Water Delivery Services





NS るハエ SHOROSCOPE※メかの*↑

ARIES (Mar. 21-April 20)

Be sure you get accurate information. Friends may not be completely honest with you. Children may be less than honest with you. You can come into money that you don't necessarily work for.

Your lucky day this week will be Thursday.

TAURUS(Apr. 21- May 21)

Professionalism will be of utmost importance. Lack of funds may add stress to your already uncertain situation. Don't blow situations out of proportion or you could find that others will misinterpret what really happened. Overexertion and negligence will be your worst enemies. Your lucky day this week will be Thursday.

GEMINI (May 22-June 21)

Too much talk might lead to hassles. Tell them to get out of the mess they are in and then you'll consider getting together with them. You can make life easier for an older member of your family. Put your efforts into your work or money making ventures rather than your emotional life.

Your lucky day this week will be Wednesday.

CANCER (June 22-July 22)

Dig deep to find out how costly a new venture will be before you sign on the dotted line. Do something constructive outside. Your mate may not have been honest with you. Think twice before you speak.

Your lucky day this week will be Sunday.

LEO (July 23-Aug 22)

Concentrate on home improvement. Small de tails will make a difference. Your temper could be short if someone criticizes your efforts. Your mate will appreciate your honesty. Romantic encounters will develop through colleagues.

Your lucky day this week will be Saturday.

VIRGO (Aug. 23 - Sept. 23)

Make arrangements to spend quality time together. You need to spend time with friends and family. Your involvement in groups will be favourable for meeting new and exciting individuals. Don't overspend on luxury items. Your lucky day this week will be Tuesday.

LIBRA (Sept. 24 -Oct. 23)

Do not let the reactions of others get you going. New projects may lead you into a dead end. Update and review your personal investments. You will enjoy socializing and unusual forms of entertainment.

Your lucky day this week will be Saturday.

SCORPIO (Oct. 24 - Nov. 22)

Be careful not to sign your time or your cash away. Renovations or purchases made for your home will payoff. It won't take much to upset your lover. You must take care not to over exert yourself if involved in sports. Your lucky day this week will be Wednesday.

SAGITTARIUS (Nov. 23 -Dec. 21)

You can write beautiful love letters this week. Children may be less than honest with you. Rest and relaxation may be required; minor health problems will prevail if you don't watch your diet. Real estate investments will be profit able.

Your lucky day this week will be Monday.

CAPRICORN (Dec 22.- Jan. 20)

Don't overreact to someone's advances. Travel is evident, but be cautious while in transit. Difficulties relating to children will be stressful. Organize social events or family gatherings.

Your lucky day this week will be Tuesday.

AQUARIUS (Jan. 21 -Feb. 19)

You can come into money; however, perhaps not under the best circumstances. You might have a problem juggling your time. Do not let the reactions of others get you going. Spend some time with the one you love. Pleasure trips will be satisfying.

Your lucky day this week will be Saturday.

PISCES (Feb. 20-Mar. 20)

Lovers may prove unworthy of your affection. This is not the best day to visit relatives who get on your nerves. Don't exaggerate. Group endeavors will provide you with entertainment.

Your lucky day this week will be Sunday.



NOW HIRING

Listed on the TSX, West Fraser is a leading diversified North American forest products company. Rated as one of Canada's Top 100 Employers for six years, we are a growing company looking for talented people to be part of our team. Our Chetwynd Forest Industries Division has opportunities for the position of:

- General Labourers
- MillWrights
- Electricians
- ForkLift Drivers

Our ideal candidates will possess:

- A grade 12 diploma
- Strong interpersonal and communication skills
- Strong commitment to safety
- Our West Fraser values (including integrity, humility, teamwork, frugality, innovation, competitiveness, and respect)
- The desire to learn, grow and succeed
- Industrial experience and post-secondary education would be considered an asset

Chetwynd is a growing, family-friendly community located on the eastern foothills of the Rocky Mountains and offers excellent year round recreational activities. Our mill and forest operations form an integral part of the community, providing economic stability to employees and families that live in the Chetwynd area. To learn more visit: http://www.gochetwynd.com

If this position sounds like the career for you, submit your application at www.westfraser.com/jobs click "apply now" in green at the top of the page.

For more information on West Fraser and our current opportunities, visit our website at:

www.westfraser.com/jobs

resumes can also be emailed to chetwynd@westfraser.com

We thank all candidates for their interest; however, only those selected for an interview will be contacted.

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Coffee Talk Express Phone: 250-788-3422 Fax: 250-788-3405 Website: www.coffeetalkexpress.com September 3, 2019

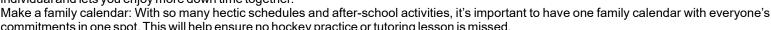
Tips For Getting Back into a Fall Routine

Whether or not you have kids who go back to school or back to campus, getting back to a schedule is tough for everyone. Here are some tips to help you get settled into a routine:

One-stop shop: It can be overwhelming if you're making several different trips to stores for your fresh and grocery, clothing and household items like new Tupperware, water bottles, thermoses and more. Visit a convenient store like the Real Canadian Superstore, where you can buy fresh produce, meat, home essentials, fashionable clothing and more, in a one stop-shop without breaking the bank.

Make a list. Although this might sound like another time-consuming task, it saves time in the long-run. A quick to-do list will help avoid last-minute dashes and can help you better manage your routes and budget so you can group together errands that are close in proximity and prevent splurges.

Meal-prep Sunday: Carve out some time on Sunday afternoon to meal prep for the week. Whether it's getting ahead of school and work lunches or evening dinners, it will help you save hours during the week. You can dedicate a specific dish or day to each family member, so it takes the stress off one individual and lets you enjoy more down time together.





In Person to Chetwynd location

By email: chetwyndtimhortons@gmail.com

By phone: 250-788-8857





How to help your teen choose a career path

It's normal to worry about what your teen's going to do after high school but remember, they're probably just as nervous as you are, if not more so. Here are some guidelines for helping them make good choices about their future.

SUPPORT BUT DON'T HOVER

Think of yourself as the foundation of your child's support system. Give them the tools needed to make informed decisions but don't attempt to make choices for them. Similarly, teach them how resumes and cover letters work, but don't write them yourself. Let your teen choose and follow their path autonomously.

IDENTIFY THEIR STRENGTHS

As a parent, you likely have unique insight into your child's strengths and abilities. Are they good at organizing their thoughts and presenting them clearly? Do they work better alone? These traits can offer clues as to which potential careers would be a good fit for your teen. You might be tempted to tell your child they'd make a great lawyer but try not to box them in. Instead,



help them identify their talents and areas where they can be put to good use.

PUSH PASSION NOT PRESTIGE

Even if you're convinced your child would make a great doctor, don't push them down that path unless they're interested in it. Spending 40 hours a week doing something they're passionate about is a lot easier than spending the same amount of time doing something they don't care for.

In addition to offering your own guidance, encourage your teen to consult a career counsellor in your area. These professionals can provide further strategies for choosing a career path.