

SERVING CHETWYND . DAWSON CREEK . TUMBLER RIDGE . HUDSON'S HOPE

Wednesday January 13, 2016

Email: advertising@coffeetalkexpress.com paper@coffeetalkexpress.com classifieds@coffeetalkexpress.com

THE RED LION 
Restaurant & Inn
Daily Dinner Specials
Check out our **MENU**
on our website at redlionrestaurant.ca
Tuesday - Friday 11:00 am to 2:00 pm Lunch
Monday - Saturday 5:00 pm to 10:00 pm Dinner
Closed on Sundays & Stat Holidays
250-788-2755

ROYAL LEPAGE CASCADE REALTY Alma Walter 250-788-5168		Julia Nelson 250-788-6707		Norma Tower 250-788-5388	
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NORTHERN HEALTH MONITORING

HEPATITIS A INCREASE IN DAWSON CREEK

Northern Health and the BC Centre for Disease Control are monitoring an increase in Hepatitis A cases in Dawson Creek. At this time we're still investigating the sources of Hepatitis A, and have declared an outbreak as we determine the source for the seemingly unrelated clusters recently identified.

We're asking people to take the appropriate precautions to prevent the spread of Hepatitis A. There is a vaccination available for Hepatitis A, and more information can be found on [HealthLink BC's Hepatitis A Vaccine page](#). The key for the public is hand washing. Thorough hand washing after visits to the restroom, before touching food or drink, and after changing a baby's diaper can assist in mitigating spread. We also encourage you to stay home if you're sick. If you are experiencing the symptoms of Hepatitis A, we would encourage you to speak to your family physician, contact HealthLink BC at 8-1-1, or call your local public health office.

Hepatitis A is a viral infection of the liver spread through fecal oral contact. The virus is ingested by mouth from fecal-contaminated food or drink, or through close personal contact with an infected person. Symptoms include fever, fatigue, loss of appetite, nausea, vomiting, abdominal discomfort, dark urine, clay-coloured bowel movements, joint pain, and jaundice. Symptoms can last for several weeks and normally do not last more than two months.

For more information on Hepatitis A, please visit [HealthLink BC's Hepatitis A information page](#).

Jonathon Dyck, BA, MA

MANAGING JOINT PAIN IN THE WINTER

(NC) Joint pain can occur anytime throughout the year, but in the cold and wet winter months, it may be harder to cope with.

Although a change in the weather will not cause arthritis, it can certainly worsen the symptoms. When we are cold, our body restricts the amount of blood delivered to our extremities, such as our hands and feet, so

Continued inside paper

FRESH PAN PIZZA
1 MEDIUM 2-TOPPING
\$11.99
ORDER CODE 3203

250-788-9898
OPEN UNTIL MIDNIGHT ON
THURSDAY, FRIDAY & SATURDAY



Employment Opportunities: Apply online at www.ow.ca

Value Deals

Chicken BUDDY BURGER

\$2.50



Sized for snacking, the Chicken Buddy Burger starts with juicy chicken - raised without the use of antibiotics - battered to crispy, golden perfection and paired with mayo and pickles. Add this tasty treat to your meal for only \$2.50.



OUR CHICKEN
RAISED WITHOUT
the use of
ANTIBIOTICS

250-788-2938 24 hour answering service
Cell: **250-788-5070**
Specializing in Oilfield Fresh Water Delivery Services

CHETWYND FRESH WATER (2011)

Locally Owned and Operated **Don McKee**

MCKEE VACUUM TRUCK SERVICES LTD

Septic & Oilfield Services
Tel. 250-788-9106 Cell: 250-788-5070

SO MUCH TO SEE, SO MUCH TO DO @ YOUR PUBLIC LIBRARY

BAD ART

IS BACK!!

FREE JAN. 14 6pm - 8pm

Chetwynd Public Library

Open to adults 18yrs +

HELP SAY

Goodbye to the
FRI. JAN. 15
6-8 PM **CHETWYND
ECHO**

Community Connections

FRENCH 101 Wed. Jan. 20 6-7pm
*Stop by and let the French Immersion
students teach you some basic french.*

Chetwynd Public Library **AGM** Wednesday
Jan. 27/16 5:30pm

NEW HOURS

Monday - Friday 9am - 8pm
Saturday & Sunday 12pm - 4pm

Chetwynd Public Library



250-788-2559

www.chetwyndpubliclibrary.ca

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first served basis.

To submit your personal classified ad email: classifieds@coffeetalkexpress.com

VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIP.

Tractor tire on 13" rim, full of calcium, 14x9x26, \$350 OBO; 1985 F-150 super cab on propane & gas, \$500. Call 250-784-7807

Winter Claw winter tires, 205/55/R16, excellent cond, \$500; used Hankook winter tires, 245/70/R17, \$100 OBO. Call 250-401-1447

4 studded winter tires/rims for Hankook Winter 1 Pike RS (75%), 225/60/R16, \$600. Call or lv msg at 250-788-1899

Small truck canopy, 60"x78", \$50; new Uniroyal winter tire, C-78-15, \$15. Call 250-788-2482

1996 Dodge Neon with 4 winter tires, \$650. Call 778-964-1002

4 brand new never used Ice Grip 2 studded winter tires, 165/80/R13, \$200 OBO. Call 250-788-8829

2007 Nissan Titan with remote starter, summer & winter rims, new stereo & much more. Clean & runs great. \$7000 OBO. Call 250-601-0150

1993 Pontiac Sunfire LE. Call 250-874-0170

2002 Chevy Venture, runs good, comes with winter tires used only 1 season, \$1000 OBO. Call 250-788-6078

2010 GMC 1/2 tonne SLE, 173,000 km, \$12,800. Call 250-788-2628

185/60/R14 studded ice radial tires, 98% new. Call 250-242-1422

225/60/R16 winter tires on rims, \$500 OBO. Call 250-788-5901

4 Michelin X-ICE tires on rims for Toyota Matrix, used 1 winter, \$600. Call 250-401-8841

2005 Dodge Caravan, rear heat & air, stow & go seats, summer/winter tires on rims, ready for the road, 160,000 km, \$5500 OBO. Call 250-788-9421

2006 Chevy Optra 5 five speed manual trans, ERC, \$1000. Call 250-788-2161

Four brand new 235/85/R16 Yokohoma Y742 tires, \$800 firm. Call or text 250-401-3234

Welder and helmets, \$200; parts for restoring old tractors, magnetos, etc, some books on old tractors. Various sizes and prices. Call 250-782-8439

Set of 17" steel 6 bolt Chevy wheels, \$200; UTV rear seat, \$75. Call 250-788-6509

1993 Pontiac Sunbird, runs good but just want it gone, new all season radials, one front strut making noises, \$300 OBO. Call 250-261-9080

1992 GMC Sierra 2wd extended cab with canopy. Runs great. First \$1500 takes it. Call 250-401-1107

Heavy duty steel rack for large truck. Call 250-719-6142

Telus wireless internet key, \$50. Call 250-788-3831

2007 Dodge Ram 2500, power wagon locking front & rear, 1200 lb built-in winch, good rubber, 140,000 km, \$15,000 OBO or partial trade on excavator or tandem axle 5th wheel trailer. Call 250-219-8201

1996 tri-dem pole trailer, sandblasted & painted. Call 250-788-5720

1997 F250, good rubber, Posi rear end on propane, runs and drives good, exc body and interior, headache rack, no dents, nice shape. \$1,600. Call 250-788-3371

1992 48' Barrett cattle liner, tandem axle, BC safety certified. Call 250-788-3350

2013 350 Ford super duty dually. Call 250-788-2423 or 250-788-6169 cell

FOR RENT

Avail immediately, 2 bdrm partially furnished mobile home with washer, dryer, table & chairs, \$900/mo. Call 250-788-5202

Nice, clean 2 bdrm mobile home in Aspen, \$975/mo, all utilities included. Text only to 250-401-7513

Avail immediately, newly renovated mobile home with large addition, wood & propane heat, c/w fridge, stove, washer, dryer, \$800/mo, damage deposit req'd. Call 250-788-9854

1 bdrm bachelor home, includes satellite TV & utilities, no smoking no pets, \$800/mo. Call 250-788-9955

1 bdrm furnished home 5 km from town, recreational trails, parking for semi etc, laundry, satellite, utilities, \$850/mo + DD; furnished bdrm in town close to Rec Centre, avail immed with utilities, laundry & internet incl, no smoking, no parties, \$750/mo + DD. Call or text 250-549-0267

Avail immediately, room with shared kitchen & common areas, includes internet & cable. Call 250-401-1985

2 bdrm suite with washer & dryer, no pets, \$800/mo. Call 250-788-6842 or 250-788-3853

2 bedroom mobile in Aspen for rent. Washer, dryer, dishwasher & utilities included. \$1,150/month. 250-401-1873 text only please

Duplex in Chetwynd, nice yard & deck, washer & dryer included. Call 250-788-3936 or 250-401-8560

Lakefront home at Moberly Lake with F/S/W/D, wood & propane heat, \$1200/mo & includes hydro; 2 bdrm modular home in TR on 2 large lots with 2 storage sheds & wood shed, also includes F/S/W/D & gas heating, pet friendly, \$800/mo + util. Call 250-788-3400

APARTMENTS FOR RENT Very Quiet!

Linen & Cleaning
Services Available

FURNISHED SUITES

Bachelor - 1 & 2 Bedroom Suites
All HD Sat. Pkgs Incl.
Weekly - Monthly - Lease
Chetwynd Apartments
250-401-3410

LOOKING FOR SOMETHING TO DO?

Come Join Cadets!

We are looking for officers to help deliver an amazing program. Come check out what we do in our community.

Every Monday 6pm - 9pm at the Legion.

Call Clayton Doll at

250-788-5902

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first served basis. To submit your personal classified ad Email: classifieds@coffeetalkexpress.com

MISCELLANEOUS

Hardly used like new Electric Weslo Cadence J 3.7 treadmill. Comes with lubing bar. \$200 OBO. Text 250-401-3004

Washer or dryer in reliable working cond; range elements; washer/dryer parts. Make me an offer. Call 250-556-4188

6' snow blower, 3 pt for small tractor; 7' snow blade, 3 pt for small tractor. Call 250-788-3371 & leave message or call 250-788-5788

White double sink soap dispenser & American Standard faucet & spray, \$25. Call 250-782-3221

Used chainsaw bars. Call 250-401-8841

Fresh crop of new square bales, great horse feed, brome-timothy-alfalfa, \$5/ea. Call Jed 250-788-9421 or Jere 250-788-2944

Odeon deluxe organ, music books included, \$300. Call 250-782-8439

154 centimetre 5150 snowboard (only used 3 times) with 5150 bindings & never used size twelve 5150 boots, \$400 OBO. Call 250-788-1710

Eggs, \$3/doz. Call 250-788-2211

Firewood, \$180/load. Call 250-401-1514

Like new air hockey table with electronic scoreboard, excellent quality, paid \$2200 but asking \$800. Call 250-788-2114

2 yr old Blackberry Q10 cell phone on Bell network. Like new, never out of Otter box. \$150 OBO. Call or text 902-890-4605

Nexus 5 cell phone, just off warranty. Unlocked. Wiped. Comes with original box, case, wall charger, extra USB cable & screen protectors. Will root if requested. \$225. Call 250-788-6663

Never used Total Flex resistance exercise machine, \$250; barely used Xbox 360 with Kinect, comes with 6 games & controllers, \$300. Call 250-401-7281

Janitrol 75,600 BTU natural gas space heater, \$300; Olsen 46,800 BTU natural gas space heater, \$275. Call 250-401-1175

Large pails of fresh organic honey, \$3.50/lb; tamarack corral rails & fence posts, cut to your specifications; tamarack building poles, 2' - 24'. Order now for spring corral building. Call 250-719-6142

White newer style fridge in mint working cond, 2 doors, freezer mounted in bottom. Make an offer. To view text 250-556-4188

Rear facing child car seat in excellent cond. To view call 250-788-5198 or leave msg.

Nice comfortable mattress with box spring bought for \$650 six months ago, now selling for \$200 OBO, need gone asap (moving from Chetwynd). Call 587-435-4340

Pro 9635 universal gym (Weider), can do 30 different exercises. \$50, come and get from basement. Call 250-788-6962

Dry pine firewood for sale. Birch firewood for sale. Call 250-783-3188

3 sets of skis, poles and boots for sale. Make an offer. Text only 250-219-0756

6 month old space saver hot water tank, 108 litre; 6 month old 3/4 horse Red Lion jet pump, deep or shallow well. Call 250-788-5619

Homemade organic lard, \$2/lb. Call 250-788-9563

Doorway removable pull-up bar, \$50. Call 250-788-1933

\$2 Classifieds

NOT FOR COMMERCIAL USE - FOR PERSONAL USE ONLY

250-788-3422

HOUSE FOR SALE - MUST SELL

Must Sell - (for health reasons), 1,000 sq ft, 2 bdrm rancher. Many updates: new windows, doors, hardwood flooring, pellet stove and siding. W/D/F/S included. Large lot fenced and beautifully landscaped. Garage with cement floor (16'x22'), workshop (12'x22'), storage shed with attic (8'x22') and garden shed (12'x12'). Located at 5222 43rd Str. Rodeo Sub. Appraised at \$260,000 in 2015, open to offers. Call 250-788-3910.

A woman's pet parrot hadn't talked for days, so she took it to a veterinarian to see what could be wrong.

He laid the parrot on his exam table and checked the bird with his lab equipment. After a few minutes, he let her know her parrot was dying.

"Oh no," she moaned, "Don't you have any other tests besides those?"

"Yes, I have two more tests," the vet said. He whistled, and out trotted a Labrador Retriever.

The dog approached the parrot, sniffed it for awhile, then shook his head to indicate the bird was dying.

The vet then left and returned carrying a cat. The cat nudged the parrot, licked it, and shook its head to show the bird was dying.

"I'm sorry," said the vet. "Your bill is \$200."

"\$200 to tell me that my parrot is dying?" replied the woman.

"Well, if you'd accepted my first diagnosis, the bill would have been \$20. But with the lab report and the cat scan, it's \$200."

The person who has so little knowledge of human nature as to seek happiness by changing anything but their own disposition will waste their life in fruitless efforts.

THANK YOU

A special thank you to everyone who has given me rides to work and home. You know who you all are. I appreciate it so very much, especially in the winter! Your kindness and good hearts will never be forgotten. With lots of gratitude & love, Mrs. Delia Olson



SURERUS PLACE

RENT INCLUDES:

- Hydro and heating
- Lunch and dinner
- Weekly housekeeping
- Weekly flat linen laundry
- Social and recreational activities
- 24 hour Lifeline emergency response

Check out our new website @ chetwyndseniorshousing.ca

Little Prairie Haven - Independent Living

2 units available

Call Tracey Fournier at **250-788-3736 or 250-401-3352**

Free Classifieds

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To submit your personal classified ad email: classifieds@coffeetalkexpress.com

PROPERTY

House for sale! 4 bdrms, 2 baths. Hardwood and tile floors. Single car garage! Chain linked fenced yard with large gate access! Home has brand new shingles, rear decks, 16x20 shed & brand new hot tub! Updated appliances! Located in Rodeo Sub, close to schools and Rec Centre! Asking \$310,000 but open to reasonable offers! For more info call or text 250-788-6953

3 bdrm home on 4 1/2 acres treed. 2 garages, 4 sheds, gazebo (16'x16'), 200 amp service, 5 appliances, paved to property, 20 min from Chetwynd. \$170,000. Call 250-788-9557

House in Chetwynd located in town. Call 250-401-8814

30 acre 1860 sq ft home 5 mins from town in Waters Sub. Open concept, 4 bdrms, 2.5 baths, hardwood & ceramic floors, in floor heating, WETT inspection completed, well with ample water, wood shed, pond. \$380,000. Call Robert at 250-401-1187

PETS/LIVESTOCK

Well-broke gelding & mare riding horses, \$1500; 2 mares, \$800. Call Don at 250-556-4280

Cane corso/rodisian ridgeback mix puppies, born Nov 3, ready to go Jan 1, have first shots. Call 250-306-4606

Prime quality bred heifers for sale, gentle and over 1000 lbs. Call 250-719-6142

Well broke, gentle & easy going QH cross gelding, 15'1 hh, 19 or 20 yrs old but still has nice conformation, easy to catch & saddle, will stand quiet to get in the saddle, \$1200. Call 250-783-5666 or Email kadaza@pris.ca for photos

LOST & FOUND

Lost: Female tortoise shell cat from 6576 Dokkie Sub since Nov 21. If you have found or seen this cat call Shirley at 250-788-3672

Found: Single key at Co-op Fuel Cardlock pump 4 on Dec 8th. Claim at Co-op Cardlock.

Lost: A locket & 2 rings after school on Wed Dec 9 at Peoples or Red Apple. Call 250-788-6514

Found: On road going into Crown Sub on Mon Jan 4, a pair of glasses. Contact Pencil Box at 250-788-3422 to claim

Lost: I-Phone 6 in a red case. Call 250-788-7288 leave message

Lost: Glasses with thin white strips on the frame. Call 250-401-7072

REC VEHICLES

2008 Legends fifth wheel, \$25,000. Call 250-788-5821

1987 28' motorhome, light plant, new fridge, tires & battery, hot water heater, 460 motor in great cond, \$2000 worth of recent repairs, asking \$10,000. Call 250-782-4013

1983 27' RV 5th wheel with like new appliances. New awning, good tires, no slide, \$3500. Call 250-786-5296

2014 Yamaha Bolt, 942 cc, air cooled, 5500 km. Call 250-788-2834

2000 Yamaha R6, ready to ride, only 22,000 km, \$2800 OBO; 2000 RMK, new seat cover & track, ready to ride, \$1200 OBO. Call 250-401-7136

65 hp Johnson outboard motor, comes with electric controls, \$300. Call 250-786-5295

1980 Security Mohom motorhome, sleeps 6, new toilet & fridge, never been used, \$6000. Call Fred at 250-261-3133 or 250-401-1157

2007 28' Weekend Warrior toy hauler, \$22,700 OBO. Call 250-401-1878

23 ft 1995 Travelaire Rustler holiday trailer, bumper pull, bunk beds, good cond, \$7000 OBO. Call or text 250-601-1587 or 250-556-4077

2006 26' Salem 5th wheel trailer in excellent cond, comes with hitch (no rails), one slide, air condition, BBQ, microwave, electric front jacks. ~~\$15,000~~ REDUCED. For details call 250-601-0571

1978 Johnson 50hp outboard engine, spare prop, good running order, \$400. Call 250-788-2070

Vanguard camper, no leaks, needs roof vent, \$300. Call 250-401-1094

1989 Winnabego Chieftan 33', class A, fully loaded, 94,000 km, \$8000. Call 250-401-1135

9.9 Merc boat motor with tank, low hrs, runs nice. \$800 OBO. Call 250-788-3371

2003 Bombardier traxter 500 quad 4x4 in good running cond, winch, 2 up with back rest. Call 250-782-8359 or 250-467-3596

2006 Firecat F7 Snopro, runs and looks great, \$3500. Call or text 250-401-3238

2015 Summit ST Skidoo, 163 track. Call 250-788-2423 or 250-788-6169 cell

WANTED

Wanted: 2 good used 20" winter tires & rims that fit a 2010 Ford F-150, willing to pay up to \$300 each. Call Tyler at 250-788-5418

Wanted: Someone to haul water. Willing to pay reasonable amount. Call 250-649-8199

Wanted: Used horse trailer tires, LT 235/85/R16. Call 250-401-1315

Wanted: Pet carrier for large cat. Call 250-788-5905

Wanted: Anyone who breeds crickets or meal worms for reptiles (live food). Text or call 250-870-3435

Wanted: 2 sheets of wall panelling, light marble or close; white ceiling tiles approx 8'x6'. Call 250-788-3959

Wanted: Firepit cone, large industrial plant kind. Call 250-507-0041

Wanted: Passenger mirror for 1998 GMC 1500; signal light Assy on driver's side for 1981 Toyota; in-bumper mount. Call 250-782-4421

Wanted: Plain flour for baking from private person in exchange for doing some housekeeping or baby sitting of equal value. Call 250-262-7714

Wanted: 2 large insulated dog houses. Call 250-788-2805

Wanted: 2 black female kittens; old-style printer with parallel port connection that accepts the 2 1/2" wide cable. Call 250-788-9854

Homeless woman, n/s, n/drk, seeking a place to stay asap. Can do housekeeping and/or childcare in exchange - references can be given. Place can be in town or in the country. Call 250-262-7714

Wanted: Large bale of alfalfa, willing to pick up. Call 250-401-7513

Wanted: To buy 1995 F-250 diesel truck. Call 250-719-6142

Roommate to take care of dog & house. Call 250-788-2423 or 250-788-6169

Wanted: Trap line to lease. Call 250-401-8770, leave message if there's no answer.

Urgently wanted: Employment sponsor for an apprentice millwright going into level 3. Have all safety tickets. Call 250-782-4421

MANAGING JOINT PAIN IN THE WINTER

Continued from front page

that it can focus on supplying vital organs like the heart and lungs. We lose less heat as a result of increased circulation near the surface of the skin, but it means that our joints get less blood and, for some, this can be painful. The soft tissues around the joints also become less pliable when cold, so joints feel tight and stiff, resulting in more pain.

Recent warnings from the FDA regarding common pain medications have changed people's approach to pain management. Patients and healthcare practitioners alike are increasingly seeking natural pain-management alternatives that don't carry the side effects associated with medications. A popular treatment option that meets this need involves the use of non-thermal laser therapy. A growing body of research has shown that this technology accelerates the natural healing process.

Non-thermal laser therapy uses very specific wavelengths designed to promote tissue healing, relieve pain, and reduce inflammation at a cellular level. In collaboration with senior scientists at Princess Margaret Cancer Centre in Toronto, Theralase has developed state-of-the-art technology that delivers a precise amount of light energy to the target tissue, while customizing treatments for each patient. Theralase calls this treatment Light Speed Healing.

Light Speed Healing is currently used by thousands of healthcare practitioners including physicians and surgeons, chiropractors, physiotherapists, massage therapists and foot specialists, across the globe, to compliment existing hands-on healing practices.

Find out more about the benefits of non-thermal laser therapy or find a healthcare practitioner near you at www.lightspeedhealing.com.

MAKING A DIFFERENCE IN NORTHERN COMMUNITIES

(NC) Having an impact in your community doesn't require a crew of volunteers, lots of money or endless hours of your time. It can be easy and enjoyable when you expand your ideas and find new ways to make a difference. Using the skills you already have and sharing them with others will result in all sorts of creative ways to help contribute to the greater good.

Get involved. Try attending your city council and school board meetings or think outside the box and become a census enumerator or crew leader, who will be needed in communities across Canada, including First Nations, Metis and Inuit communities. Information from the census helps to inform decisions on the need for social programs, language courses and infrastructure options that could benefit your community in a meaningful way.

Share your skills. Whether you've got a flare for art, music, math or writing, there are endless ways to share these talents. Create a mural that depicts the values of your community, or host a concert to raise money for your favourite charity. If you're good with kids, volunteer at your local elementary school, community centre or daycare.

Plan a community service project. Encourage family and friends to learn about new social programs or local issues and then participate in local council meetings to share your feedback and contribute to real change.

Organize a clothing or book sale. Have you got clothes sitting at the back of your closet or books laying around that you haven't read in years? Why not get everyone together to sell their gently used items and have proceeds go to a local charity, community centre or shelter.

If you're looking for a dynamic way to get involved in your community, jobs are now available in remote and northern areas across Canada for the 2016 Census. More information is available online at census.gc.ca/jobs.

Coffee Talk Express Wants To Hear From YOU!!



Submissions must be marked 'WRITE-UPS' and emailed to paper@coffeetalkexpress.com We will do our best to publish your submissions.

TIPS
on home
improvement,
cooking,
gardening,
health, kids,
etc

Drop us a
NOTE
on something positive
in the community!

WRITE-UPS

A positive write-up on what Chetwynd means to you, or your favorite customer service rep, maybe you know someone who deserves recognition, or someone who inspires you, perhaps why you love animals. Anything positive to share with the community.



SPORTS
Announcements/Results



Favorite photos with short caption

THE REEL

Chetwynd BC

250-788-3580 CLOSED MON, TUES & WED



**DAD
VS
STEP-DAD**



DADDY'S HOME

**WE WILL BE CLOSED FROM JAN 18 - 31.
WE WILL RE-OPEN FEB 1 WITH
STAR WARS: THE FORCE AWAKENS**

FEATURE PRESENTATION

**THURS. FRI. SAT. SUN.
Jan 14, 15, 16, 17**

Showing Nightly - 8:00PM

DADDY'S HOME

PG

DOORS OPEN AT 7:30PM 96 min

Stepdad, Brad Whitaker, is a radio host trying to get his stepchildren to love him and call him Dad. But his plans turn upside down when the biological father, Dusty Mayron, returns.

*Starring: Will Farrell, Mark Wahlberg,
Linda Cardellini*



Access HEARING CENTRE

"Where better hearing matters."

- Latest hearing aid technology
- Competitive prices
- Part of the WorkSafe BC Provider Network
- Provider for VAC, RCMP and NIHB
- Locally owned and operated

Mon - Fri 9:00am - 4:30pm
closed for lunch 1:00pm - 2:00pm

Maple Place #111, Fort St. John, BC

250-787-7758

www.accesshearingcentre.ca

HOME FOR RENT

2 bedroom mobile home available
February 1st for \$1000/mo. No dogs.
Leave a message at 250-788-5198

A man phones his attorney and queries,
"How much would it cost me to have
you answer three questions?"

"That would be \$300,"
the lawyer replies.

The man says, "That's an awful lot of
money for three questions, isn't it?"

"I guess so," says the attorney. "What's
your third question?"

SNOW REMOVAL

Snow plowing, sidewalk &
deck cleaning
 Call Randy **250-788-5328**



PEACE FM
94.5 CHETWYND
104.1 DAWSON CREEK

CHET TV
655 ON BELL
40 ON EASTLINK

DAWSON CREEK



**JUNIOR
CANUCKS**

JANUARY 16TH & 20TH

**THE JR. CANUCKS HIT THE ROAD
CATCH ALL THE ACTION
ON PEACE FM!**



LIKE US ON FACEBOOK!

Chetwynd Public Library Association

AGM

Fay Asleson Community Room
Chetwynd Public Library
January 27th, 2016, 5:30pm

For more info call

250-788-2559

Burridge Farms



**FARM FRESH
EGGS**

ARE BACK

at Hart Hi-Way Laundromat
and Rupert Seafood/Little Prairie Store

CHETWYND'S PERFORMANCE & TRUCK ACCESSORIES

Call LEE for all your
AUTOMOTIVE MAINTENANCE
& REPAIR SERVICES

Steering & Suspension Services
Minor tune-ups * Exhaust Repairs
Brake Repairs * Differential Services

250-788-6558

4805 SOUTH ACCESS RD CHETWYND
(NEXT TO KAL TIRE)

Little Lights Daycare

AGM

January 19th at 7:00 pm
at Little Lights Daycare

PINE VALLEY SENIORS ACTIVITIES

AT PINE VALLEY SENIORS HALL

TUESDAY

CARPET BOWLING

1:30pm

FRIDAY

BINGO

1:30pm

SATURDAY

WHIST

7:00pm



For more info & hall rental call Bernice

250-788-2307

CHETWYND ROYAL CANADIAN LEGION EVENTS

KARAOKE

Fri Jan 15 8pm - 1am
Legion Lounge
No Cover

Watch for
Comedy Night
Sat Jan 23

Burger & Beverage
Every Thursday
5pm - 8pm
Families Welcome!!

LEGION LOUNGE
Wed & Thurs: 4pm-12am
Fri: 4pm-1am, Sat: 3pm-1am

Chetwynd to Chetwynd Community Fitness Challenge 2016 Chetwynd Public Library

REGISTRATION STARTS JAN 13TH

RUNS FEBRUARY 1 - APR 30, 2016

REGISTER AT THE LIBRARY RESOURCE CORNER

HELP US REACH OUR GOAL OF RUNNING
OR WALKING 13 743KMS!

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Lloyd H. Fowler

Lloyd H. Fowler, a long-time resident of Chetwynd, BC, passed away peacefully at Points West Senior Residents home in Grande Prairie, Alberta on Sunday, January 10, 2016 at the age of 98.



For friends so wishing, donations may be made in memory of Lloyd to BC Children's Hospital.

A memorial will be announced at a later date.

Very respectfully,
The Fowler Family

TIPS TO TAKE CHARGE OF YOUR CAREER

(NC) The days when employees would work at the same company for their whole life and follow a cookie cutter plan to move through their career are long gone. If you are committed to your career advancement goals, you can't afford to wait for someone to recognize your talent and take you under their wing. It is now in the hands of employees to evaluate their own career trajectory and plan accordingly to achieve long-lasting success.

For those looking to take career planning into their own hands, here are some tips:

Set broad career goals. It's important to know where you are and to have an idea where you want to go. Create a plan that outlines where you want to be in the next year, five years and ten years. Having definitive goals is the first step in helping you get there.

Seek out in-demand industries. Depending on where you live and the demographics of your community, there will be different jobs in high demand. Census data supports informed decision-making within communities, helping businesses develop employment plans, select new retail or manufacturing sites, and analyse markets for their products and services.

Become a lifelong learner. In order to continually grow and develop, it's important to look beyond your current expertise and find ways to develop your skill set. This will add value to your current role and will make you marketable for new opportunities. Look for online courses, workplace training sessions or enroll in programs at your nearest college or university.

Build applicable skills. Focus on developing core competencies that will be of value no matter what role you are in. For individuals in Indigenous communities across Canada's North, census enumerator and crew leader positions are available that will allow you to develop leadership, time management and organizational skills. These skills will enhance your marketability for future employment. More information about these 2016 Census positions is available online at www.census.gc.ca/jobs.

It's never too late to start paving the way to a successful career.

An earthquake achieves what the law promises but does not in practice maintain — the equality of all people.

ComParrot

by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com

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Solution: 1. Leg on table is missing. 2. Tuft of lady's hair is hidden. 3. Necklace has moved. 4. Lady's foot appears. 5. Knob on radio is colored in. 6. Bush outside window is colored in. 7. Label on sandal has moved. 8. Leaves on flower pot rim have moved. 9. Label on jug has moved. 10. Steam from mug has moved. 11. Radio antenna is different. 12. Window on toy bus is larger.



Paul Demeulemeester

1932-2016

Paul Demeulemeester, a long time resident of Chetwynd, B.C. passed away on Thursday, January 7, 2016 in Chetwynd at the age of 83 years.

Over the years the family has enjoyed listening to Dad share his life stories. This bio is only a snapshot of his remarkable life. Dad was born in Péronne, France in 1932. He was the youngest of 5 children. Dad often talked about the joy of working on the farm with his family and the simple, but resourceful life they lived. However, Dad's family experienced the hardships of WW II. It was only as we got older and Dad shared more stories that we fully realized the destruction of war that Dad had lived through. In 1950, Dad immigrated with his parents to Canada, spending the first three years in Ontario. During this time Dad worked for the railway and on an apple farm and began to learn English. When Dad's brother, Pete, came to Canada a few years later, Dad's family decided to make the journey to the Peace region.

Dad and his brother Pete had a dream to be lumberjacks when they arrived in Little Prairie in 1953. They both eventually went from being lumberjacks and formed the Peter and Paul Demeulemeester sawmill and logging operation. It was through logging that Dad met mom, where she was working with her parents at a logging camp. This meeting led to a courtship and eventual marriage in 1962. The early years of mom and dad's marriage were spent living and working in logging camps around the Boucher Lake area. Mom and Dad have both often said that those years are some of their best memories. It was during this time Dad worked with and forged strong friendships with many of the aboriginal families living at Moberly Lake. That strong connection with the aboriginal community lasted his entire life and he was respected as an honorary elder.

A family of 5 children followed the marriage. Monica was born in 1962, followed by Mark in 1964, Paulo in 1968, Nicole in 1971, and Dianne in 1978. In 1971, Dad built the house in the Rodeo Sub for his growing family, a home in which he lived up until his passing. We have so many wonderful stories and memories of Dad from our childhood whether it was in the bush with him while he was working, at the Boucher Lake farm, or at home in Chetwynd.

Dad was a hard worker and he always took pride in his work ethic. Dad engineered and built many of the mountain roads in the Peace Region. When his sons were old enough, they joined Dad in the logging industry and worked alongside of him until Dad retired.

Dad settled into active retirement in his mid 60s. After years of hard work, he was now able to focus on spending more time with his family and his life's passions, which included a love of planting trees and working in his garden. His garden was visited and enjoyed by many Chetwynd residents over the years. Dad spent several summers working as the caretaker at the Carbon Lake lodge and the grass and gardens flourished under his care. He also spent many hours working at his farm. The farm was a favourite gathering spot for many family get-togethers over the years. In the past few years Dad loved visiting the sites of his old sawmills and places he had worked in his younger years and sharing his stories of those times. Dad always took the time to visit with his old friends at their homes or the hospital.

What gave Dad the most joy in his retirement was the time he was able to spend helping to raise all of his grandchildren. "Grandpa Pancake", as he was affectionately known, spent many hours with his grandkids. It wasn't very often that you would see Grandpa without grandkids by his side. Like Dad's children, each of his grandkids has endless stories of happy times spent with Grandpa. Dad also loved dogs and he often had one as a companion to take with him to the bush and the farm.

Dad was a compassionate man who accepted and helped people no matter what their circumstances. He modeled for us to never judge people, and to help others whenever we could. We often commented that Dad would give the shirt off his back to someone who needed it. He always encouraged everyone to "never give up" and to "stay strong." Dad often told us how proud he was of us, especially when we were going through challenging times. He was especially proud of how his children/grandchildren all stayed close and worked together: "The roots are in the family," he would often say. Dad must have planted some good roots because there is no stronger example of how much we loved and respected our Dad/Grandpa than these past few months as we gathered as a family to share stories, tears, laughter and good byes as Dad prepared for his next journey. The "roots of family" Dad lovingly planted are his legacy that will continue to grow for many years to come. Dad was one of the original pioneers of Chetwynd and spent 63 years of his life in the area. He will be remembered and missed by many.

Dad's wish was to be cremated. A celebration of his life will take place in the summer 2016, at the Demeulemeester farm.

Left to cherish his memory is his Wife; Lucy, Children; Monica (Darrell), Mark (Shannon), Paul (Teena), Nicole (Peter), Dianne (Clay), his sister Genieve, his grandchildren, great grandsons, nieces, nephews and friends.

For friends so wishing donations may be made in memory of **Paul** to the Healing Garden at the Chetwynd Hospital through the Chetwynd Planning Society Box 2049, Chetwynd, B.C. V0C1J0.



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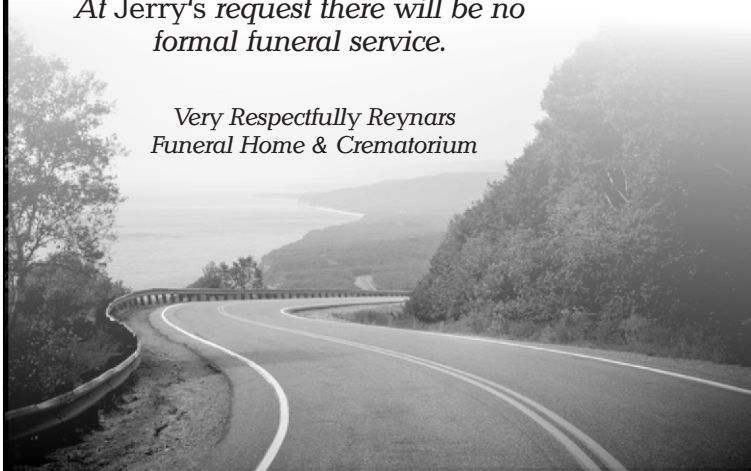
1927-2016

It is with great sadness that we announce the passing of our Father **Jerry Boudreault**, a long time resident of Chetwynd. Jerry passed away on Thursday, January 7, 2016 in Chetwynd at the age of 88 years.

We would like to invite you to come share the day with us to help celebrate dad's life at a Social Tea on Saturday, January 16, 2016 at 1:00 pm at the Chetwynd Fellowship Baptist Church.

At Jerry's request there will be no formal funeral service.

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