

THE RED LION



Restaurant & Inn

Daily Dinner Specials

Check out our **MENU**
 on our website at redlionrestaurant.ca

Tuesday - Friday 11:00 am to 2:00 pm Lunch
 Monday - Saturday 5:00 pm to 10:00 pm Dinner
 Closed on Sundays & Stat Holidays

250-788-2755

ROYAL LEPAGE CASCADE REALTY	Alma Walter 250-788-5168		Julia Nelson 250-788-6707		Norma Tower 250-788-5388	
	WE WILL BE CLOSED MONDAY, OCTOBER 12. THERE WILL BE NO PAPER THIS DAY. DEADLINE FOR WEDNESDAY, OCTOBER 14 WILL BE FRIDAY, OCTOBER 9 AT 11:00AM.					

CHETWYND PRIMARY CARE CLINIC - NURSE PRACTITIONER JOINS TEAM, NEW WAYS TO BOOK APPOINTMENTS

With the additional recruitment of permanent physicians, locum physicians, and nurse practitioners over the past two months, Northern Health is pleased to announce that they will be expanding the booked appointments available at the Chetwynd Primary Care Clinic. Services offered will include:

- **Walk-in/ same day appointments** – There will be set times during the day when individuals with minor health concerns such as an earache can see the physician on duty.
- **Booked appointments for doctor directed follow up** – Follow up appointments for patients who have previously been seen by the physician in the emergency department or in the clinic.
- **Booked appointments for high risk patients** – Booked appointments for high risk patients including those with one or more chronic disease, heart or breathing problems, pregnant women and frail seniors.
- **Prescription refills** – Booked appointments for prescription refills.

As additional capacity becomes available at the clinic we will look at enhanced options for booking appointments.

The Chetwynd Primary Care Clinic is also welcoming a new nurse practitioner to the team as of October 5, 2015. Kristan Ellis-MacDonald is a nurse practitioner from Cape Breton Island, Nova Scotia, and will become *Continued inside paper*

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250-788-1997
chetwynddental@gmail.com

Foothills
TEAM ROPING CLUB

AGM *Thursday*
Oct 8, 7:00pm

Chetwynd Rec
Centre

Everything
Must
Go!!



7204 PIONEER RD MOBERLY LK

For more info call

250-788-5006

ATTENTION

Reminder that the District of Chetwynd's Regular Council meeting scheduled for October 5, 2015 will be in the Cottonwood Hall at the Chetwynd & District Recreation Centre, 4552 North Access Road at 4:30 p.m.

Jackfish
Community Association

AGM

Tuesday, Oct 13, 7pm

Jackfish Community Hall

Every please attend and help keep our community hall alive!

APARTMENTS FOR RENT

Adult Oriented No Pets

Linen & Cleaning Services Available

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VEHICLES/PARTS/FARM EQUIP/HEAVY EQUIP

4x4 extended cab, good truck, engine runs strong, new rotors & brakes, updated stereo, box tonneau cover, 200,000 km, \$8500 OBO. Call 250-329-4704 or 250-874-0265

3 horse trailer with dressing room & tack, \$16,000. Call 250-788-5479 or 250-788-2737

Ford King Ranch tailgate, \$120; 2007 Chevy Silverado 2500, 8' lined box with tonneau cover, 2 sets of tires, \$12,900. Call 250-788-3048

1992 GMC Sierra with matching canopy, 2 wd, runs great, 310,000km, \$2000. Call 250-401-1107

2007 Ford F-250 4x4 extended cab short box, 5.4L, 2 sets of tires and rims, dry box, good clean truck, 149,500km, \$11,000. Call 250-788-8175

2010 Ford F-150 XTR automatic 4x4, crew cab, long box, box liner & cover, sunroof, low kms, lady driven. 250-788-2635

Four 205/70R15 Ultrex Touring tires on rims for Chevy Tracker, \$150 OBO. Call 250-788-9114

2007 Ford 350 super duty 4x4 Lariat, long box, headache rack, 225,965 km, \$11,400 OBO. Call 250-788-1878

2006 Chevy Malibu in good cond with 200,000km, \$7500 OBO. Call 250-788-8804

2002 GMC Sierra 2500 HD, 200,000 km, 4 wd, 6.0L gas, \$5000 OBO. Call 250-401-7333

1990 Ford Lariat, lots of new parts, \$2000. Call Fred at 250-261-3133 or 250-401-1157

Truck canopy that fits Toyota size truck, \$50. Call 250-788-2472

2001 GMC crew cab 4x4, 6.0L auto, 6" procomp lift, loaded, \$4500. Call 250-7401-1094

2001 Ford F-150 XLT XTR 4x4 with canopy & racks. 5.4L triton motor, remote start, brake control, trailer hitch, air bags, HD springs, summer & winter front, has never been in an accident. \$3650 OBO. Call 250-843-7661

2008 Hyundai Accent hatchback, 4 cyl, auto, PS, PB, 2 dr, \$4600. Call 250-788-6429

1996 Tri-dem pole trailer, sandblasted & painted. Call 250-788-5720

2005 Dodge Caravan ready for the road, rear heat & air, stow & go seats, summer/winter tires on rims, 160,000 km, \$5500 OBO. Call 250-788-9421

Four 205/65/15 summer tires with only 5000 km, \$250; Four 275/60/20 all season tires with 18,000 km, \$250. Call 250-788-6942

Snowblade for side by side ATV, \$500. Call 250-788-9762

2003 Honda Pilot, awd, 2 sets of tires & rims, 240,000 km. Call 250-788-3545

4 Michelin X-ICE tires on rims for Matrix, used 1 winter, \$600. Call 250-401-8841

2014 Dodge Journey awd, less than 40,000 km, 7 seats, sunroof, navigation, \$28,500. Call 250-556-4370

2008 Ford F-150 4x4, 200,000 km, extended cab, good truck, engine runs strong, new front brakes & rotors, updated stereo, tonneau cover, \$8500 OBO. Call 250-329-4704 or 250-874-0265

2000 F-350 Super duty extended cab 4x4, 7.3L diesel, 6 speed manual trans, \$4500 OBO. Call or text 250-219-9748

2001 Dodge Ram Laramie 2500 4x4 quad-cab, tonneau cover, decent tires, extra winter tires & rims, gen II, 5.9 diesel, 300,000 km, \$7800. Call 250-788-2630

FOR RENT

4 bdrm house 10 mins west of Chetwynd. 1 1/2 baths, backyard, double car garage, wifi, pet friendly. \$1200/mo, utilities not included. Call 250-788-2522

Room & board in new built home with ensuite bathroom. No smoking. 10 mins west of town. Call 250-788-2522

Large fully furnished non-smoking room with sat TV, wifi, shared laundry, bathroom, mini fridge & microwave. Must be working. Call 250-788-2332

Avail Oct 1, furnished room near Rec Centre with shared suite, washer, dryer, utilities & internet. Good for single working person. No smoking. \$700/mo. Call or text 250-549-0267

3 rooms with quiet country setting 4 mins from Chetwynd, \$700/mo. No pets. Comes with fully furnished living room & bedrooms and fully equipped kitchen. Must have proof of employment. Call 250-401-1135

Avail Oct 1, Lakefront home at Moberly Lake with fridge, stove, washer, dryer and wood & propane heat. \$1200/mo, includes hydro. Call 250-788-3400

For lease - 2 mobile homes on 5 acres 1 km SW of Chetwynd. Completely refurbished including dishes, pots, pans, beds & bedding. 6 bdrms in all. Call 250-401-1135

3 bdrm trailer in Aspen Trailer Court, will consider renting as a whole or by the room. Call 250-401-1985

Avail Nov 1, waterfront accommodations on Moberly Lake northshore, suitable for single working professional. Rental terms negotiable. Message or call 250-219-9237

1 bdrm suite in quiet & central location, includes utilities, no pets, no smoking, \$700/mo. Call 403-805-3820

FURNISHED & UNFURNISHED SUITES

Bachelor - 1 & 2 Bedroom Suites

Weekly - Monthly - Or Lease

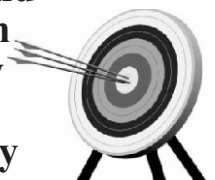
North-Trac Property Management

250-401-3410

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MISCELLANEOUS

9' Tamarack corral posts; 16' & 20' Tamarack corral rails; Well-cured birch & tamarack furniture lumber. Call 250-719-6142

Sony Ps2 with 3 memory cards, 3 controllers, 2 guitar hero guitars, new multi-tap DVD remote, RFU adapter, 22 Ps2 games, 8 Ps1 games. \$200. Call 250-788-2070

Prism cruising vest, Cm5 + 6 18" increment bore, 50m survey chain, 1 string chain, 6.5m diameter tape, 2 wire plot cords, \$200 for all; 5 drip torches, \$100; new wifi airport express, 2.4 + 5ghe, \$75. Call 250-788-2482

Used #450 Rigid tri-stand 1/8-5 in excellent cond, \$220. Hardly used Bushnell Spacemaster II spotting scope with tripod, \$150. Call Peter at 250-788-1947

Kenmore stove, \$400. Call 250-788-2724 or leave a message.

6 planting bags, \$90; 3 Yellow Cross safety vests. Call 250-788-2482

Large pails of organic honey, \$3.50/lb; dry birch camping firewood. Call 250-806-3022

HOT ROD GARAGE CLEAN-OUT: Carbs, holly, rochester Q-jets, original 4 barrel, 2 barrels, Carter AFB's thermo quads, Cuda pistol grip shifter, HEI distributors, tri-pac manifold for small block Chevy, 6-study rally rims, and more. Take it all, make offer. Call 250-788-3419

Large metal frame & heavy awning, approx 20' long, \$250; outdoor toilet, 4 1/2'x6' with room for wash stand, made of 1" poplar, lumber all screw nailed, well made & nice looking, \$600. Call 250-401-7311 and leave message.

Gas Boy 300 fuel barrel pump, \$20; Gas Boy hand fuel pump with shut off nozel, \$40; 2 log toggles, \$14 for both; metal frame barrel stand, \$15. Call 250-788-2482

Unpasteurized honey, \$8/500ml jars (approx 1.5 lbs), \$1 refund for returning jar. Call 250-788-6935

Left handed compound bow, PSE Nova, set at 55lbs, hardly used, \$200 OBO. Call 250-788-2676

24" electric cook stove, \$150; propane gas dryer, \$250; new American Standard propane furnace, Freedom 90, \$2500. Call 250-788-3048

Round bales of hay, bailed green in July. Mix of alfalfa, brome & timothy; large pails of organic honey, \$3.50/lb. Call 250-719-6142

Fresh crop of new square bales, \$5.00/ea. Great horse feed. Brome, timothy, alfalfa. Call 250-788-9421 or 250-401-3431

New Craftsman 27" Snowblower, \$850; Coleman generator, 4000kw, \$250; table saw, \$75 OBO. Call 250-401-1425

500' Rg6 coax cable, \$0.25/ft; 10' mesh satellite dish with portable base; 24" Bell satellite dish system, best offer; stainless steel water distiller; table saw with motor; radial arm saw; steel cutting saw; cut off saw; welder unit; 20' portable aluminum leader. Call Henry at 250-788-2606

24'x32' aluminum insulated shop, \$10,000; 12'x16' tack shop with peaked roof, has power & insulation, \$5000. Call 250-401-1135

13" high Mukluks with silver fox and beadwork, women's size 6. Great Christmas gift. \$300 OBO. Call 250-788-9192

\$2 Classifieds



NOT FOR COMMERCIAL USE
FOR PERSONAL USE ONLY

250-788-3422

ADVERTISE YOUR TOONIE AD HERE!!

Fred feared his wife Rhonda wasn't hearing as well as she used to and he thought she might need a hearing aid. Not quite sure how to approach her, he called the family Doctor to discuss the problem.

The Doctor told him there is a simple informal test the husband could perform to give the Doctor a better idea about her hearing loss.

"Here's what you do," said the Doctor. "Stand about 40 feet away from her, and in a normal conversational speaking tone see if she hears you. If not, go to 30 feet, then 20 feet, and so on until you get a response."

That evening, the wife is in the kitchen cooking dinner, and he was in the den. He says to himself, "I'm about 40 feet away, let's see what happens." Then in a normal tone he asks, "Honey, what's for dinner?"

No response. So the husband moves closer to the kitchen, about 30 feet from his wife and repeats, "Rhonda, what's for dinner?" Still no response. Next he moves into the dining room where he is about 20 feet from his wife and asks, "Honey, what's for dinner?"

Again he gets no response. So, he walks up to the kitchen door, about 10 feet away.

"Honey, what's for dinner?"

Again there is no response.

So he walks right up behind her. "Rhonda, what's for dinner?"

"For the FIFTH time Fred, CHICKEN!!!"

CHETWYND GLASS

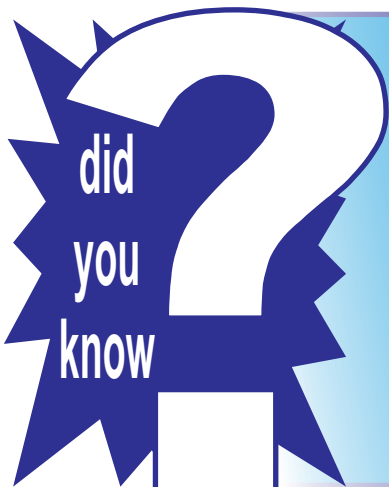
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PROPERTY

5 yr old 3200 sq ft 2 storey house, fully finished basement, 4 bdrms, 3 1/2 baths, 2 garages, one attached, fenced back yard, 2 tiered deck, \$469,000. Call 250-556-4232

House on 32.5 acres 5 minutes from Chetwynd. Hiking, quadding, trails, wildlife & saskatoons. \$299,000. Call 250-401-8841

Completely renovated 2 bdrm mobile home in Aspen Trailer Court. \$35,000 or rent to own \$5000 down. Call 250-401-7513 or 250-556-4097

2 bdrm, 1 bath trailer with many updates located in Wabi Estates on 5 acres. 20x30 insulated shop. For more info call or text 250-788-6509

PETS/LIVESTOCK

6 kittens to give away to good homes, ready to go August 20th or later, please call 250-788-9432 and leave a message if no answer.

Large gentle buck from very good milk line. Well mannered, never shows any aggression toward people. Also have a few does and young bucks. For more info or pictures call 250-788-4183

Quiet 16 yr old chestnut quarter horse, \$2000. Call 250-788-5479 or 250-788-2737

3 month old beagle puppies, 2 males & 1 female, \$800. Call 250-788-9254

LOST & FOUND

Lost: Brown tabby cat from Legion Sub Tues Aug 4. Answer to Jinx, has tattoo in ear. Has tendency to jump in vehicles & go through doors, so may be in a shed or outbuilding. Call 250-601-0147

Found: Wallet Aug 7th on the road in the Crown Sub. Call 250-788-9958

Found: Key fob on Aug 14, dropped off at RCMP on the same day.

Lost: Blue iPhone 5C with cracked screen on Sept 5 in Jackfish area. Call Jordan at 250-788-6836

Found: Keys left at CIBC Tuesday Sept 15 in the afternoon. Claim at the Coffee Talk.

Lost close to bus depot: Male cat with white body and grey & blue tips on face & feet, light blue eyes, comes to "Polar." Call 250-788-1285

Lost: Umbrella in Chetwynd Clinic exam room, has HUGE sentimental value. Blue background with 2 color coordinated lovers kissing, one with green coat & long purple scarf & the other with purple coat & green scarf. Handle is U-shaped in oak color. Please drop off at Coffee Talk if found.

REC VEHICLES

2007 Can Am 650, 186 hours, 1407 km, snow blade, storage box, trickle charger, seat is torn, \$6500 firm. Call or text 250-601-0150

2008 Legends fifth wheel, \$25,000. Call 250-788-5821

Reluctantly selling 5th wheel camper, immaculate cond, new floor, unused new toilet, perfect awning, priced to sell at \$5500. Call 250-788-3123

1987 28' motorhome, light plant, new fridge, tires & battery, hot water heater, 460 motor in great cond, \$2000 worth of recent repairs, asking \$10,000. Call 250-782-4013

1983 27' RV 5th wheel with like new appliances. New awning, good tires, no slide, \$3500. Call 250-786-5296

2014 Yamaha Bolt, 942 cc, air cooled, 5500 km. Call 250-788-2834

2000 Yamaha R6, ready to ride, only 22,000 km, \$2800 OBO; 2000 RMK, new seat cover & track, ready to ride, \$1200 OBO. Call 250-401-7136

65 hp Johnson outboard motor, comes with electric controls, \$300. Call 250-786-5295

1980 Security Mohom motorhome, sleeps 6, new toilet & fridge, never been used, \$6000. Call Fred at 250-261-3133 or 250-401-1157

2009 Suzuki V-Strom 1000, 3 hard bags, \$4900 firm. Call 250-788-3797

2007 28' Weekend Warrior toy hauler, \$22,700 OBO. Call 250-401-1878

23 ft 1995 Travelaire Rustler holiday trailer, bumper pull, bunk beds, good cond, \$7000 OBO. Call or text 250-601-1587 or 250-556-4077

2006 26' Salem 5th wheel trailer in excellent cond, comes with hitch (no rails), one slide, air condition, BBQ, microwave, electric front jacks. ~~\$15,000~~ REDUCED. For details call 250-601-0571

1978 Johnson 50hp outboard engine, spare prop, good running order, \$400. Call 250-788-2070

Ski-Doo, \$1000 OBO. Call 250-788-2724 or leave a message.

Vanguard camper, no leaks, needs roof vent, \$300. Call 250-401-1094

1989 Winnabego Chieftan 33', class A, fully loaded, 94,000 km. Call 250-401-1135

WANTED

Wanted: Roommate in Chetwynd. Mature, working adult, non-smoker, no pets. Fully furnished bdrm with heat, power and internet. \$600/mo. Call 250-556-4232 or tgrendus007@icloud.com

Wanted: 2 or 3 tomahawks. Prefer Cold Steel or Blackhawk brand. Broken/missing handles okay. Call 250-788-3307

Wanted: Insulated dog house. Call 250-788-1957

Wanted: Super Nintendo, N64, & Game Cube consoles with games. Call 778-269-0779

Wanted: 7 inch older style Selkirk chimney wood stove in good cond. Call 250-788-2383 and leave a msg.

Wanted: Quail eggs or quails. Call 250-242-4748

Wanted: Work as a live-in caregiver. Work can included housekeeping, cooking or housesitting, in exchange for R&B and a monthly appreciation gift. Email j.c331@yahoo.ca

Wanted: Wood stove with proper tags that heats 1500 - 2000 sq ft, quality unit only. Call 250-788-2676

Wanted: 2 galvanized water troughs. Can have rusted bottoms or leaks. Call 250-788-1941

Wanted: Roommate in Chetwynd. No smoking, no pets. Near town. Use of washer & dryer included. \$400/mo + utilities. Call 250-401-7160

Wanted: A room to rent in town for a clean, quiet and responsible man. Working 14 on, 14 off. Call Corey 250-556-1487

Wanted: Small bails of straw for chicken coops. Call 250-317-3567

Wanted: Tin roofing or shingles. Call 250-788-3437

Wanted: 2 good used 20" winter tires & rims that fit a 2010 Ford F-150, willing to pay up to \$300 each. Call Tyler at 250-788-5418

Wanted: Someone to haul water. Willing to pay reasonable amount. Call 250-649-8199

Wanted: White outdoor Christmas lights (not LED). Call 250-788-3437

HELP WANTED

Young's Mills (1980) Ltd requires the following:

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Fax: 250-788-2848

Deliver resume to:

4537-44th Avenue Chetwynd BC

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7:00PM **AGM**
at the
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EXHIBITION PARK**



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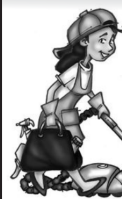
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For more info
contact Betty Deck at
250-788-9854

Tickets
\$25/person

Everyone
Welcome!!



Wed October 7
Cottonwood Hall
(Chetwynd Rec Centre)
6:30pm - Appys 7pm - Dinner

*Recognizing the overwhelming efforts
of all the doctors who provide health
care services to the community during
such trying times of change.*

Join us for a pleasant evening of great food,
music, stories and presentations, followed
by a social with the doctors.

COMMUNITY
Doctors
Appreciation Dinner

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the meat but the
cheerfulness of the guests
which makes the feast.

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Fall Programs at the Rec Centre

Event	Date	Time	Age	Price
Caterpillar Clubhouse	Sept 22 - Dec 17	Tues/Thurs	10:00am - 12:00pm	1 - 5 years Free
Drop-in Mini Me Climb	Sept 15 - Nov 17	Tues/Thurs	9:00am - 12:00pm	1 - 4 years \$2
Non-Instructional Day Activities	Oct 26 & 27		8:30am - 5:30pm	6 - 10years \$40
Climbing & Court Club	Oct 5 - Dec 7	Mon	3:15pm - 4:30pm	5 - 8 years \$50
	Oct 7 - Dec 9	Wed	3:15pm - 4:30pm	9 + years \$50
Leadership Program	Oct 7 - Nov 4	Wed	3:30pm - 5:00pm	16 - 19 years Free
Adult Sports	Mon - Competitive Volleyball		8:00pm - 10:00pm	13 + years Teens - \$2
	Tues - Basketball		8:00pm - 10:00pm	Adults - \$3
	Wed - Floor Hockey		8:00pm - 10:00pm	
	Thus - Non-competitive Volleyball		8:00pm - 10:00pm	
Tot Skating	Starting Oct	Mon - Fri	1:00pm - 3:00pm	3 - 5 yrs \$1

**For more information please call the Chetwynd & District Rec Centre at
250-788-2214 or check us out on Facebook!**



When:
 Mon & Tues
 Oct 26th & 27th
 9:00am - 5:00pm

Where:
 Chetwynd &
 District
 Rec Centre

Price:
 \$208.74

Call the Chetwynd &
 District Rec Centre
 for more info
 250-788-2214

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DARREN ADLER
 MOBERLY LAKE, BC

IN CELEBRATION OF FAY ASLESON'S RETIREMENT

Public Invited to Retirement Open House in celebration of Fay Asleson.

After 29 years of dedication to the Chetwynd Public Library, Director Fay Asleson is retiring. Fay would welcome the opportunity to personally thank loyal patrons and say farewell to friends and members of our community. The Chetwynd Public Library Board of Trustees & staff invites the public to an Open House, for a time of celebration and appreciation, Wednesday October 28th, from 1:00 to 4:00 p.m.

Most who have worked with her would agree that it is not enough to say Fay has simply worked for the Chetwynd Public Library. During these years, Fay has been the heart of the Chetwynd Public Library. During her tenure, libraries have

changed their place in our community and Fay has kept the library ahead of this progression. All of her hard work and commitment will have an everlasting effect on this community.

Fay brought the library from the era of typed catalog cards to the online catalog to public internet access. She led her library staff to be innovative and forward thinking with an emphasis on community needs. Her legacy will be the way she modeled a love of books and reading as well as the importance of service to our community. "Fay has been a shining star in public libraries for almost 30 years." says Margaret Movold, Board Chair. Ana Peasgood, who was hired as the new library director this summer states "She has led by example and never asked anyone to give more than she could. We have been lucky to have her lead our library through such a period of changes in librarianship. She is a valued member of our library family that can't be replaced."

Attendees are invited to bring photos and memories to share. The Chetwynd Public Library is located at 5012 46th Street, Chetwynd BC. Attendees are encouraged to call ahead and RSVP with Ana Peasgood apeasgood@chetwynd.bclibrary.ca or call the library for information please at 250.788.2559.

Submitted by Ana Peasgood



I took four tires to a friend's garage sale and was asking \$30 apiece. I needed to leave for a few minutes, so I asked him to watch them for me. "Sure," he said, "but if someone offers less, how low are you willing to go?"

"Try for more, but I will accept \$15," I said, and left. When I returned, my tires were gone.

"How much did you get for them?"

"Fifteen dollars each."

"Who bought them?" I asked. "I did!" he answered.

WEEKLY HOROSCOPE

ARIES (Mar. 21- April 20) Some of the best opportunities will crop up if you keep an open mind. Do not overspend on entertainment. You could find that children will be a handful. Travel will also entice you. Your creative imagination will help you in coming up with unique ideas. Your lucky day this week will be Saturday.

TAURUS (Apr. 21- May 21) You can accomplish a lot if you put some effort into household duties or redecorating plans. Don't be shy to promote your own interests. Minor health problems will cause setbacks if you haven't taken proper care of yourself. Secret affairs will only lead to heartache. Your lucky day this week will be Sunday.

GEMINI (May 22-June 21) Don't let your family put demands on you. You could find yourself left with someone's dirty laundry. Try to spend time with those having similar interests. Changes in your home are apparent, and you must be willing to bend if you don't want to find yourself alone. Your lucky day this week will be Wednesday.

CANCER (June 22-July 22) Your ability to take hold of a situation will surely bring you popularity and leadership. Consider selling your homemade crafts at the flea market. Your questions will help you ferret out secret information. Make career changes that may increase your income. Your lucky day this week will be Wednesday.

LEO (July 23-Aug 22) Try to curb overindulgence this week. You may find your nights sleepless due to bad dreams. You will find your personal partner taxing this week. Health problems may prevail if you don't take care of them immediately. Your lucky day this week will be Wednesday.

VIRGO (Aug. 23 -Sept. 23) Your added discipline will help you complete the impossible at work. Emotional deception will cause friction on the home front. You will meet exciting new people through interest groups or

functions that you attend with your children. Your lucky day this week will be Tuesday.

LIBRA (Sept. 24 -Oct. 23) You will find that social activities will be enjoyable and will promote new connections. This is a great day to start that new health regimen you've been talking about. You will be able to make financial gains. You will be able to get good advice if you listen to close friends or relatives you respect. Your lucky day this week will be Saturday.

SCORPIO (Oct. 24 - Nov. 22) Travel will be favorable. Resist overspending on luxury items. Get involved in creative projects that will enhance your earning power. You can make major accomplishments while on short trips. You can offer your help to others but back off if they appear to be offended by your persistence. Your lucky day this week will be Friday.

SAGITTARIUS (Nov. 23 -Dec. 21) Your leadership qualities will come in handy. You will find that you can work progressively at improving yourself this week. Be sure not to burn any bridges. Learn some new skills that will increase your income. Your lucky day this week will be Sunday.

CAPRICORN (Dec 22.- Jan. 20) Try not to use emotional blackmail; it will only make matters worse. Your need to put great detail into everything you do may cause you to miss the overall picture. Get back to basics and reevaluate what is important in life. You will find yourself tied to the phone. Your lucky day this week will be Monday.

AQUARIUS (Jan. 21 -Feb. 19) Get together with friends who like to participate in indoor sports. Don't trust others with private information that could be used against you. Friends or groups that you're affiliated with may want you to contribute more cash than you can really afford. Uncertainties regarding your love life will surface if you have neglected your mate. Your lucky day this week will be Friday.

PISCES (Feb. 20-Mar. 20) Travel will be favorable. Resist overspending on luxury items. Your time, not your cash, will do a lot more for your relationship. Don't get intimately involved with a co-worker. Don't be too eager to buy things for those who really don't deserve it. Your lucky day this week will be Sunday.

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- DAILY FALL/WINTER HOURS -
Breakfast: 11am - 2pm
Lunch: 11am - 4pm
Dinner: 4pm - 9pm

CHETWYND PRIMARY CARE CLINIC -

NURSE PRACTITIONER JOINS TEAM, NEW WAYS TO BOOK APPOINTMENTS

a full-time member of the interdisciplinary team at the clinic.

Nurse Practitioners can see patients for acute issues like a cold or injury, follow patients with chronic health issues like diabetes or high blood pressure, provide prenatal care, and do check-ups and physical exams. Nurse Practitioners refer patients to physicians and specialists when appropriate, and can serve as a Primary Health Care Provider.

Kristan's nursing experience encompasses acute and rural settings. For the past eleven years she has worked at the Queen Elizabeth II hospital in Halifax, N.S. and as a travel nurse in northern BC. She gained valuable and comprehensive nursing skills and experience in a variety of disciplines specifically Orthopedics, Vascular and General Surgery, Internal Medicine, Intermediate Care Units and Critical Care Units. In the Intensive Care Unit her specialty was dealing with trauma, medicine, surgery, neurosurgery and the burn unit team.

With the addition of Kristan, the interdisciplinary team will include three physicians and a nurse practitioner. In addition, locum coverage has been secured for the Chetwynd Primary Care Clinic and the emergency department while recruitment efforts continue. Two more full time physicians are expected to join the team after completing the practice ready assessment in February 2016 and the fall of 2016.

The Chetwynd Primary Care Clinic is open Monday to Friday from 8:30 a.m. to 4:30 p.m.

The clinic also offers community health services including public health, home care nursing, home support, mental health & addictions, audiology, an aboriginal liaison worker and home visiting services such as nutritionist, rehabilitation.

Other health care services available in Chetwynd include:

- The Chetwynd District Hospital emergency rooms that tend to patients who require urgent medical care.
- Patients who aren't sure whether their condition would warrant an emergency room visit, or who need health advice can call **HealthLink BC (8-1-1)**, or visit www.HealthLinkBC.ca for non-emergency health information from nurses, dietitians, and pharmacists 24 hours a day, seven days per week.

Chetwynd is one of the first communities in B.C. to welcome the community paramedicine program being introduced by BC Emergency Health Services (BCEHS). Under the program, qualified paramedics will take on an expanded role in delivering some primary care services. The program is in the initial stage, during which BCEHS paramedic unit chiefs are helping to confirm the specific services required in the community, for which community paramedics, given their training, are able to provide. It is expected that community paramedics will be delivering community health services in the initial communities in the fall of 2015.

Northern Health would like to thank the physicians, the nurse practitioners, the health care team, and the community of Chetwynd for their support. Northern Health will continue to work collaboratively with local physicians, the District of Chetwynd and the province to recruit physicians to Chetwynd.



Kristan Ellis-MacDonald, nurse practitioner

ComParrot
by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Stripe appears on dress pocket. 2. Ear on bunny slipper is missing. 3. Lady's shoelace loop is hidden. 4. Man's pocket is colored in. 5. Stripe appears on bottle. 6. Flower on hat is colored in. 7. Flower on skirt has moved. 8. String on yo-yo has moved. 9. Light on mirror has moved. 10. Tab on sleeve has moved. 11. Hook on wall is reversed. 12. Picture on wall is different.

Jonathon Dyck, BA, MA Lead,
Public Affairs and Media Relations
Communications Northern Health

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Saulteau First Nations

JOB POSTING Health Centre - Janitor

Saulteau First Nations (SFN) is a section 10 band within the meaning of the Indian Act. The Band has been formed by the amalgamation of Dunne - Za, Cree, and Saulteau residents. This First Nations community is covered by Treaty 8. The community is located at the east end of Moberly Lake, which is about 100km southwest of Fort St. John on Highway 29. There is one reserve, East Moberly Lake No. 169, spread over 3025.8 hectares.

SFN is currently accepting resumes for the part-time position of Health Centre Janitor.

Duties include but are not limited to the following:

1. Daily duties, sweep, mop all floors including mats.
2. Replenish cleaning/sundries as required.
3. Clean staff lunch room, including fridge, stove, coffee areas, and water plants.
4. Daily activities include wipe, clean desk surfaces, shelves, cabinets, furniture, and water cooler.
5. Identify cleaning supplies and provide lists to Management.
6. Window cleaning.
7. Semi- annual activities include wax and polish all floors, dust and clean light fixtures, wash all mats, interior wall washing including behind furniture, fridge, stove, and microwave.
8. Shampoos fabric furniture, as required.
9. Clean kitchen cupboards, inside and out.
10. Other duties as per supervisor's instructions.

Qualifications:

- Must be aware and sensitive to traditional Aboriginal values.
- Ability to solve problems, and make effective decisions, resolve conflicts and manage time effectively.
- Ability to build trust, serve as a positive role model and maintain confidentiality.
- Valid class 5 B.C. Driver's License and submit to a criminal records check.

DEADLINE TO SUBMIT: Wednesday, October 7, 2015

Saulteau First Nations

ATTN: HIRING COMMITTEE E: HR@saulteau.com

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

*For further information, please feel free to contact
Cindy O'Brien, A/Director of Health (250) 788-7280
(email: cobrien@saulteau.com) or
Melva Sorell (250) 788-7280
(email: healthcentrereception@saulteau.com)*